

DEVELOPMENTAL MILESTONES

4 MONTHS	<ul style="list-style-type: none">➤ Beginning to roll➤ Briefly holds onto breast or bottle➤ Shakes rattle➤ Mouths objects➤ Smiles spontaneously➤ Stops crying at caregiver voice➤ Makes vocalizing noises
6 MONTHS	<ul style="list-style-type: none">➤ Sits propped on hands➤ Pivots around on stomach➤ Bears weight on extended arms when on tummy➤ Transfers objects from hand to hand➤ Reaches with one hand on tummy➤ Smiles/vocalizes at caregiver➤ Bangs and shakes toys➤ May start solid foods➤ Beginning to respond to name
9 MONTHS	<ul style="list-style-type: none">➤ Commando crawling➤ Holds own bottle➤ Several solid foods in his/her diet➤ Looks for family members “where’s mama”➤ Gets into sitting position➤ Shakes head for “no”➤ Explores different toys➤ Consistently responds to name
12 MONTHS	<ul style="list-style-type: none">➤ Pulls to stand➤ Beginning steps or creeping along furniture➤ Finger feeds➤ Points to desired objects or wants➤ Follows a point➤ Follows simple one-step directions➤ Recognizes names of objects and looks when mentioned➤ Crawling independently➤ Pincer Grasp (forefinger & thumb)
18 MONTHS	<ul style="list-style-type: none">➤ Walks independently with no support➤ Creeps downstairs independently➤ Turns pages 1 at a time of cardboard books➤ Uses both hands to play➤ Helps getting dressed/undressed➤ Eats variety of foods➤ Uses 5-10 words consistently➤ Combines sounds & gestures➤ Follows simple step directions➤ Understands simple directions such as “in” and “out”

Developmental Milestones

- Ages 2 – 4 years of age

2 YEARS	<ul style="list-style-type: none">➤ Consistently using 2-3 word phrases➤ At least 50% of speech is understood by caregiver➤ Has at least 250 words➤ Follows simple 2-step directions➤ Able to participate in small groups of other children➤ Coordinates hands & fingers➤ Kick a stationary ball➤ Scribbles➤ Drinks from open cup➤ Can undress self
3 YEARS	<ul style="list-style-type: none">➤ 75% of speech is understood by caregiver➤ Simple understanding of concepts (colors, shapes etc.)➤ Asks & answers “what” and “where” questions➤ Draws simple shapes➤ Beginning dressing skills—put on shoes➤ Initiate or join in play➤ Standing on 1 foot for balance➤ Catching a large ball
4 YEARS	<ul style="list-style-type: none">➤ Hops on 1 foot➤ Gaining independence with fasteners-buttoning➤ Independence with simple puzzles➤ Cuts across simple shapes➤ Use sentences with 4-6 words➤ Speech is 90% understood➤ Understands directional concepts (behind, over, on top)