



Eat Well

Stuffed Peaches on the Grill

Directions

Wash and halve peaches. Remove pit. Place peaches on aluminum foil so you can fold up the foil and seal the peaches in. Spoon 2 tablespoons of berries into each peach half. Sprinkle 2 teaspoons of brown sugar and 1 teaspoon of lemon juice on each half. Fold foil and seal. Place on hot grill and cook for 15-18 minutes, turn once. Open foil packs and enjoy.

Source: NDSU Extension Service

Ingredients

- » 4 large peaches
- » 1 cup blueberries
- » 1/3 cup brown sugar
- » 3 Tbsp. lemon juice

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