



# Pulmonary Function Studies

Pulmonary function studies have been scheduled by your provider. These tests help determine current lung function, changes in lung function, whether or not you have any respiratory diseases, effects of smoking, and need for new medication or changes in treatment. In addition, these results may also offer an explanation for any symptoms of cough, wheezing, or shortness of breath. Pulmonary tests are used to determine preoperative risk for breathing problems when undergoing general anesthesia.

## What to Expect:

Pulmonary function testing is a painless way to measure how well your lungs are working. A technician will explain each maneuver to you and provide additional coaching as needed. A good, consistent effort during testing is important to get accurate results. Testing takes approximately one hour. In preparation for the test we ask that you:

- » Eat lightly before the test.
- » Wear loose clothing so your breathing is not restricted.
- » Refrain from smoking/vaping 6 hours prior to study
- » No respiratory infection or symptoms within 6 weeks
- » No recent hospitalizations within 6 weeks due to respiratory infection
- » No eye/nasal surgery within 6 weeks

## Contraindications:

- » No Myocardial Infarction or stroke in the last 3 months
- » Uncontrolled Hypertension
- » Known Aortic Aneurism

*\*Provider please select one of the following:*

- Take all medications as you normally would.
- Refrain from taking any inhalers/respiratory medications \_\_\_\_\_ hours prior to testing.

Your Pulmonary Function test is scheduled for \_\_\_\_\_ at \_\_\_\_\_.

**Please check in at the Registration Desk at Altru Hospital at least 10 minutes prior to your appointment. If you have any questions regarding your appointment or need to be rescheduled, please call 701.780.6400. Visit our website at [altru.org](http://altru.org). Search “Pulmonary Lab”.**