



Eat Well

Cranberry Feta Pinwheel

Directions

In a small bowl, combine the cream cheese, feta cheese and onions. Stir in cranberries. Spread about $\frac{1}{2}$ cup of the mixture over each tortilla and roll up tightly. Wrap with plastic wrap and refrigerate for at least 1 hour. Cut each roll-up into 10 slices.

Servings: 13

Nutrition information per serving:

Calories 97, Total Fat 4g,
Sodium 183mg, Carbohydrates 13g,
Protein 4g.

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Ingredients

- » 8 oz reduced fat whipped cream cheese, softened
- » 1 cup crumbled feta cheese
- » $\frac{1}{4}$ cup chopped green onions
- » 5 oz dried cranberries
- » 4 whole wheat tortillas

