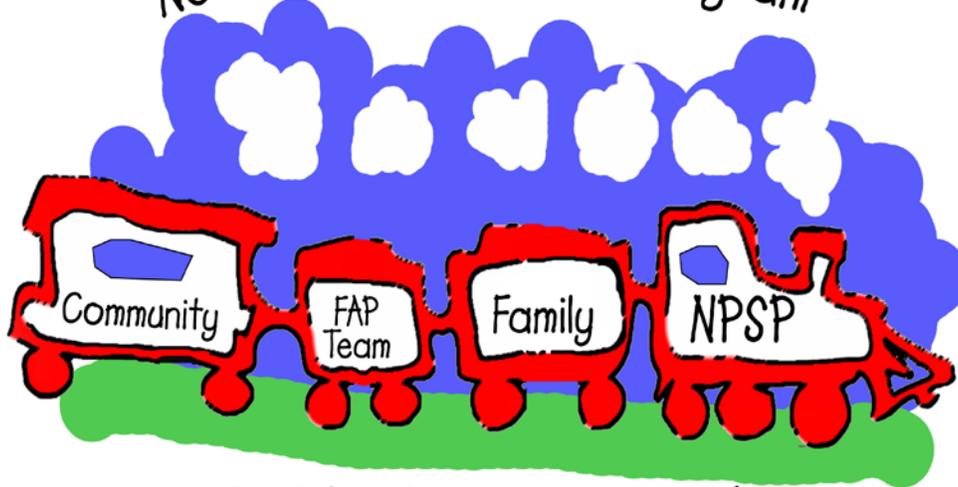


Military Families Only

New Parent Support Program



"Healthy Families on Track"

NEW PARENT SUPPORT PROGRAM Grand Forks AFB, ND Phone: 747-4205 Fax: 747-7340

Congratulations on your pregnancy!

The New Parent Support Program is designed to help military parents prepare for the new role of parenthood. Program services can be started at any time during the pregnancy or after delivery and continue as needed until the baby is three years old. Ideally if we can meet initially during your pregnancy, I can provide prenatal resources & your own personal pregnancy gift package. I look forward to meeting you!

Peggy Littlefield, RN, BSN

Please complete the following information:

Mother's name _____ Father's name _____

Expected Due Date _____ Number of children in the home now? _____

Home address _____ Phone number _____

Have you had contact with the New Parent Support Program? Yes No

If yes, how so? _____ (phone, office visit, home visit, class, etc.)

RELEASE OF CLIENT NAME

I authorize the release of my name, address, and phone number to Grand Forks AFB New Parent Support Program (NPSP). Upon receipt of this release form, I may be contacted by the NPSP with information about the program and determine whether I would like to participate.

Signature: _____ Date: _____

This form is affected by the Privacy Act of 1974

Email Form to:

New Parent Support Program: margaret.e.littlefield.civ@mail.mil and Altru: LDConsults@altru.org