Pre Procedure:
» Avoid sun exposure and tanning beds 4 weeks prior to treatment.
» Discontinue 1 week prior to each treatment: oral antibiotics, Retin-A, Retinol, acne medications, and other topical prescriptions.
» Avoid Botox and dermal fillers for 2 weeks prior to treatment.
» If you have a history of cold sores, there is a risk that this treatment could contribute to a recurrence. Prophylactic antiviral therapy can be started 2 days before treatment.
» No Accutane for 1 year.

Post Procedure:
» Avoid sun exposure to reduce the chance of skin color changes.
» Use a broad spectrum SPF 30 every 2 hours.
» Bruising, redness, purpura, and swelling are common and will resolve with time.
» Treated area of pigment will turn darker within 24-48 hours. Do NOT pick these areas.
» Avoid any exfoliating treatments for 1-2 weeks after: scrubs, Clarisonics, topical meds, etc.
» Avoid heat – hot tubs, saunas, etc. For 1-2 days.
» Cold compresses/ice packs may be used to provide comfort.

Risks:
» Bruising: this will resolve with time.
» Skin discoloration: hypopigmentation, hyperpigmentation. This discoloration is not usually permanent and will clear up after time.
» Crusting of skin: this should only last a few days. Do not pick, peel or scratch the area as this can lead to permanent scarring.

Number of treatments & frequency:
» Average amount of treatments depends on the pigmented lesion and skin condition. Expect at least 2-4 treatments with possible annual maintenance.
» Allow your skin to heal completely before undergoing another laser treatment. This time frame is different with each person. Estimate at least 3-5 weeks in between each treatment.