



## Permanent Make-up Post Care Treatment

*It is very important to follow these instructions carefully!*

### **To Avoid Swelling**

A cold gel pack can be applied to the area after the procedure. Place the gel ice pack in a plastic baggie to avoid moisture on the pigmented area. Apply as needed a few minutes on, then a few minutes off. Elevate your pillow in bed for the first evening or two.

### **Avoid for 7-10 Days**

- » Any type of skin peels or products containing Retin A, Glycolic or any other exfoliating products.
- » All make-up.
- » Hot showers and baths. Keep your face away from the shower head and apply thick coating of vaseline while bathing or showering.
- » Avoid soap, creams or lotions on the pigmented area, wash and apply around the area.
- » No swimming, saunas or jacuzzis, ocean water and lake water.

### **Do Not**

- » Pick, peel or scratch at the area as this could cause scarring or removal of color.
- » Do not touch the area except for applying the vaseline that is provided for you.

### **Post Procedure Products**

- » Vaseline - this is to be used for 2 weeks after your procedure. Apply Vaseline multiple times during the day using a Q-tip. Start applying it every 1 hour, if you feel that is too much, then apply every 2 hours. This step is the most crucial to the color retention of your tattoo. By not applying Vaseline often enough for the required time frame, will result in the pigment of the tattoo flaking off.
- » Color retention and proper healing depends greatly on your home care regimen.

### **Note**

- » Color will appear very sharp and dark immediately after your procedure. This is because the color is sitting on top of the skin. Once the skin starts healing or flaking the color will fade considerably, as it is then filtered beneath the skin. The final color should not be considered for approximately 6 to 8 weeks after the final visit. Do not be alarmed if it appears most of the color is flaking off. Some of this crusting will appear on your q-tip, this is normal. This is the superficial color and is shed as part of the natural healing process. The sun can cause fading to the pigmented area. Always keep a light coat of sun block on pigmented eyebrows and lips.
- » Your "touch up" procedure can be scheduled no sooner than 6 weeks, but no later than 3 months. If you return for your touch up after 3 months, additional charges will be applied.

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