



Areola Pre & Post Care Guidelines

Pre Education

- » You are a candidate for your areola tattoo no sooner than 6 months after final surgery.
- » Areola tattooing is not a one-step process. This procedure will require subsequent visits to achieve desired results. The second procedure may be done no earlier than 8 weeks.
- » Pigment can (and will) fade and change color according to metabolism, skin type, medications, age, smoking, sun exposure, etc.
- » The nature of this procedure does come with possible complications, which include but not limited to fading, poor color retention, allergic reaction, redness, swelling, bruising, dry patches, tenderness, sensitivities and infection.

Post Procedure

- » If you can have your head and chest slightly elevated for the first night, that will help reduce swelling.
- » Keep away from water for 24 hours.
- » Keep the area covered with Vaniply Ointment or Vaseline for at least 5 days.
- » Do not pick, scratch, scrub or remove any dry, flaky skin.
- » Do not use saunas, hot tubs or jacuzzis until you are completely healed.
- » Do not go in ocean water, lake water or swimming pools until you are completely healed.
- » It is normal to lose approximately 1/3 of the color during the healing process. After initial procedure, the color may appear heavier. It will appear softer when completely healed, because the color will come from the dermal layer of the skin to the epidermal layer of the skin.

If you have any questions regarding your procedure pre or post, please call Truyu at 701.780.6623.