



Suggested Volunteer Packing List for Altru's Hospice Camp Good Mourning

1380 South Columbia Road
Grand Forks, ND 58206

Bedding

- _____ Sleeping bag or bedding for a twin size bed
- _____ Pillow
- _____ Fitted sheet for twin mattress

Clothing (please be aware items may get dirty or stained)

- _____ Tennis shoes
- _____ Sandals
- _____ Jacket, sweater or sweatshirt
- _____ 2 short sleeved shirts
- _____ 1 long sleeved shirt
- _____ 2 pairs of shorts
- _____ 1 pair of jeans or long pants
- _____ 3 pairs of socks
- _____ 3 changes of undergarments
- _____ Pajamas or sweats (cabins are not air conditioned)
- _____ Rain gear
- _____ Swimsuit (please only one piece swimsuits for the girls)

Toiletries

- _____ Toothbrush and toothpaste
- _____ Deodorant
- _____ Soap and shampoo
- _____ Bath towel and wash cloth
- _____ Insect repellent
- _____ Sunscreen

Other Items

- _____ Cell phone and charger
- _____ Flashlight
- _____ Beach towel
- _____ Medication
- _____ Sunglasses
- _____ Hat
- _____ Backpack

When choosing clothing for camp, please remember you will be working with children, bending over and kneeling down. Please do not wear tight or revealing clothing, short shorts, clothing that shows underwear, no bare mid-riffs, halter-tops or immodest swim-wear should be worn. Explicit attire (reference to drugs, alcohol, profanity and sex) are unacceptable. If you have to question what you are wearing, it may not be appropriate for camp. Please contact the camp director if you have questions.



Hospice