Healing Beyond Borders  
HTI Healing Touch Certificate Program  
Level 1  
Grand Forks, ND  
November 11-13, 2016

Name ____________________________
Credentials ____________________________
CA RN License # ____________________________
Address ____________________________
City __________ State _____ Zip ________
Home Phone ____________________________
Work Phone ____________________________
Email ____________________________

☐ Tuition – $
☐ HBB or AHNA member
☐ Student $
☐ Repeat $
☐ Student Workbook Fee $
☐ Deposit $
☐ Special 10% discount on Membership if joining Healing Beyond Borders before class begins. Receive class discount. Join online or by check to HBB $90.00

Amount enclosed $ N/A approved Altru staff

Refund Policy: Instructor cancels class, student will be given a full refund of tuition. Student cancels, refund is provided at discretion of instructor.

☐ Yes, I can bring a massage table
☐ No, I can’t bring a massage table

Send to: NCicha23@hotmail.com

DEADLINE TO REGISTER: 11-4-16
Healing Touch Is...

A relaxing, nurturing energy therapy
- Uses gentle, heart-centered touch to assist in balancing Physical, Mental, Emotional, Spiritual well-being.
- Enhances the body’s natural ability to heal through the human energy centers and energy field/biofield.
- Works in harmony with standard medical care and is complementary to other health care systems. Safe for all ages.

Is Healing Touch for You?
- Registered nurses
- Health care professionals
- Body-oriented therapists
- Psychotherapists
- Licensed health care professionals and individuals
- Those who desire to study energy therapy with a commitment to help others

This Class
- Acknowledges previous learning
- Further develops concepts and skills in energy based therapy
- Requires a strong commitment to personal growth.

You will be Learning
- Energy system concepts related to health
- Basic energy principles and assessment of the energy system – energy field and energy centers and functions
- Meditation for centering and maintaining energetic flow
- Principles and practice of Healing Touch for personal and professional use
- Multiple specific energy healing techniques
- Principles of self-healing
- Personal development as a healer
- Legal and professional aspects of touch therapies, Ethical Conduct and Standards of practice, and integrity in Healing Touch.

Purpose: The purpose of this Level 1 Workshop is to enable the learners to be able to practice Healing Touch techniques and self care from a holistic approach in their development as Healing Touch practitioners.

Class Information
Requirement for class completion and CE Credit: Participate in entire class, and supervision.
Completion of Evaluation
AHNA: 18 contact hours through August 13, 2016
NCBTMB: 18 contact hours
CA Board Registered Nursing: 18 contact hours

Schedule: Nov. 11, Friday 6:30pm to 9:00pm;
Nov. 12, Saturday 8:30am to 5:00pm
Nov. 13, Sunday 8:30am to 5:00pm

Location: Altru Health System – Sanny & Jerry Ryan Center for Prevention and Genetics
Grand Forks, ND 58201

Coordinator: Nan Cicha

Instructor Bio and Disclosure Level 1 Instructor: Nan Cicha, RNC, WHCNP, CHTP/I is a Nurse Practitioner with a strong clinical background in preventative health. Nan has a Certificate in Herbal Therapy from Normandale College and continues to study and research herbal and other holistic methods and modalities through the Midwest School of Herbal Studies. She is a Certified Kripalu Yoga Instructor teaching classes for both adults and children. Nan provides consultation services and teaches several ongoing wellness classes in the community and surrounding area. She is a member of Healing Beyond Borders, The American Holistic Nurses Association, Kripalu Yoga Teachers Association, and the North Dakota Society of OBGYN.

Healing Beyond Borders
HTI Healing Touch Certificate Program
- In-depth solid core curriculum of 5 class levels from beginner to advanced healer including Evolution of the Healer, Holistic and Energetic Foundations, Evidence Based and Best Practice modules
- Enhances skills and knowledge through lecture, recommended readings and practice sessions
- Strong commitment to personal growth and knowledge of holistic health principles
- HTI Healing Touch Certificate Program Certificate of Completion upon satisfactory completion of all 5 levels
- Leads to eligibility to apply for Certified Healing Touch Practitioner through Healing Beyond Borders
- Instructor Training and Advancement available after certification. Prerequisites apply.
- Endorsed by American Holistic Nurses Assn.

Healing Beyond Borders
Healing Touch Certification - CHTP
Platinum Standard Credential useful in
- Establishing a Healing Touch practice.
- Incorporating Healing Touch as a major focus within an existing professional practice.

Continuing Education Contact Hours
This continuing nursing education activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation

Disclaimer Statement: Approval for contact hours through AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Healing Beyond Borders is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.

Disclosure: Nan Cicha is an instructor of the Healing Beyond Borders HTI Healing Touch Certificate Program and has the right to use the intellectual property of the Healing Beyond Borders Healing Touch Certificate Program Course of Study.

Provider approved by the California Board of Registered Nursing, Provider Number CEP15275.