

REGIONAL OPERATIONS NEWS

Improving Health, Enriching Life



message from the REGIONAL MEDICAL DIRECTOR

Altru spring Regional Provider Conference



K.J. Temple,
MD, FACEP

There are significant drug abuse issues in our region, in particular opiates, and a significant increase in related overdoses. Altru's Spring Regional Provider Conference will be held on Wednesday, May 3, 2017, at 5:30 p.m. in Altru Hospital conference rooms C-D. There will be a dinner and one-hour CME presentation on the topic:

- » A Medical Toxicology Primer: Common Approach to the Poisoned Patient - to include Opiates and the use of Naloxone (Narcan), presented by **K. J. Temple, MD, FACEP**, Emergency Medicine and Clinical Toxicologist Physician. Dr. Temple is a member of Altru Health System's Department of Emergency Medicine and also serves as a specialist consultant in Medical Toxicology for the health system. He has been with Altru Health System since 2005.

His education includes: Undergraduate Degree from Ohio State University Columbus, Ohio, Medical Degree from Wright State University Dayton, Ohio, Residency in Emergency Medicine at Michigan State University/Saginaw cooperative hospitals Saginaw, Michigan and Fellowship in Medical

Regional Provider Conference

5:30 p.m. | Wednesday, May 3, 2017 | Grand Forks

A Medical Toxicology Primer: Common Approach to the Poisoned Patient - to include Opiates and the use of Naloxone

presented by K.J. Temple, MD, FACEP, Emergency Medicine and Clinical Toxicologist Physician

Toxicology at Wayne State University Detroit, Michigan. He is board certified in Emergency Medicine and Medical Toxicology and serves as president of the North Dakota chapter of the American College of Emergency Physicians (ACEP).

Reminder

Altru Health System's Trauma Service offers the Rural Trauma Team Development Course (RTTDC) to our region. To schedule a course contact: Leigh LaRoque, RN, BSN Trauma Program Coordinator at 701.780.5337 phone or email llaroque@altru.org.

Introduction



Altru Health System welcomes **Janice Hamscher, MSN, MBA** as our new Chief Nursing Officer (CNO).

Janice joins Altru with previous experience as Senior Vice President and Chief Nursing Officer, Saint Vincent Health System Erie, Pennsylvania and most recently as Vice President and Chief Nursing Officer, Penn Highlands Dubois of Dubois, Pennsylvania. Her responsibilities are to lead and define nursing standards of practice throughout the organization and insure quality patient care, optimal operating effectiveness and strategic positioning.



William G. McKinnon, MD, FACEP
*Medical Director of Regional Operations
Altru Health System*

This newsletter features Altru Health System's Regional Therapy, Home Health and Hospice and updates on new outreach and telemedicine sites and providers.

ONE CALL CENTER (855.425.8781)

For Inpatient or Emergency Transfers

Regional Transfer Coordinators: Darcy Thompson, RN, BSN, Becky Robertson, RN,
Melinda Carlson, RN; Diedra Goos, RN

REGIONAL OUTPATIENT REFERRAL (877.247.7745)

Regional Referral Coordinator: Jill Bryant, RN



REGIONAL THERAPY SERVICES and HOME HEALTH & HOSPICE

Altru's Regional Therapy Services

Altru's Regional Therapy currently provides physical therapy, occupational therapy, and speech/language services to 24 communities in our region surrounding Grand Forks including 50 different locations up to a 150 mile radius of Grand Forks in Minnesota and North Dakota.

Altru's Regional Therapy plays an important link in the regional network of care. We have nearly 90 employees providing services to patients and clients primarily in outpatient clinic settings for Altru and other healthcare entities, critical access hospitals, assisted living and skilled nursing facilities. We also provide services to several group homes, schools and employers.

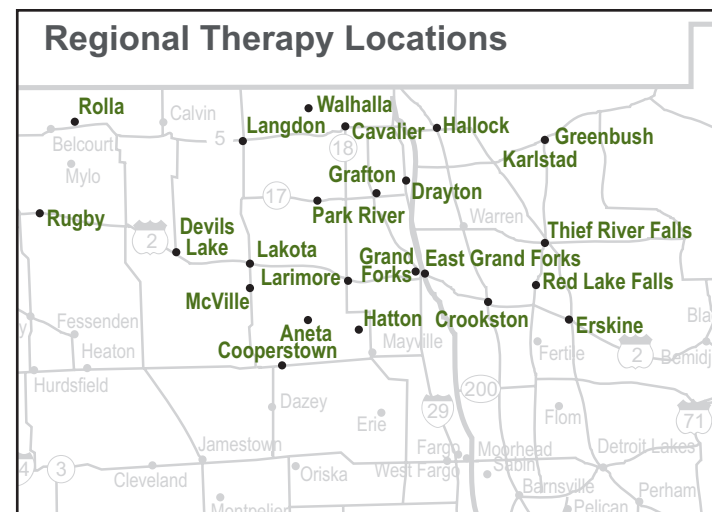
Many of our employees live in the region while others travel from Grand Forks to the areas that they work in. In either instance, we all strive to become an integral part of the communities we work in through participation in community events as well as through educational and advocacy opportunities.

With such a large group of therapists, we also have an array of expertise and specialties available across the lifespan continuum from pediatrics to geriatrics. In all of the regional areas we serve, we have Certified Lymphedema Therapists primarily through our Occupational Therapy group, LSVT Big and Loud certified OT, PT and Speech staff, Graston Technique (Instrument Assisted Manual Therapy) Certified OT and/or PT staff and Vital Stimulation Certified Speech Therapists for swallowing disorders.

If you or any of your staff or colleagues have questions and inquiries regarding our services, please contact April Kraemer, Regional Therapy Manager at 701.780.2357 or akraemer@altru.org.

Regional Therapy Services Fun Facts

- » Regional Therapy, previously known as Outreach Therapy was started by our COO, Brad Wehe, DPT over 20 years ago with a small group of physical therapists from Altru, then United Hospital, providing services to skilled nursing facilities in the region in the evenings.
- » Regional Therapy staff traveled over 1,626,404 miles to provide therapy to those we serve in 2016.
- » In 2016, Speech Language Pathologists started providing telerehab services to several locations..



Altru's Home Health and Hospice

Altru's Home Health provides multi-disciplinary care in patients' homes consisting of Registered Nurses, Physical, Occupational and Speech Therapies, Social Work, and Aide services following an exacerbation or onset of a new diagnosis. Care goals are to assist the patient to return to their baseline health status. This is accomplished through implementing education and treatments based on each individual patient's needs in collaboration with their primary physician. Some examples of care provided include education regarding new medications and chronic disease management, implementation of individualized home therapy programs, recommendations for assistive devices and equipment to enhance the safety of patients' homes, and assistance with bathing while the patient is gaining strength. Our nurses also assess wounds and teach caregivers to care for wounds including pressure ulcers, stasis ulcers, post-surgical wounds and many more. Patients can be taught drain and ostomy management and care, administer IV antibiotics, and oversee the management of Foley catheter's; among many other skills.

Altru's Hospice provides end-of-life care for patients with a life-limiting illness of six months or less. This care includes the patient, their families and caregivers. We offer nursing, therapies, aide, social work, chaplain, volunteers and bereavement services. Our team works in conjunction with

the primary physician, hospice medical director and pharmacy consultant to manage our patient's symptoms and deliver each person their highest quality of life possible. In addition to providing hospice in patients' homes, we can offer hospice to residents in Skilled Nursing and Assisted Living Facilities.

Altru's Home Health and Hospice team have five locations throughout our region including McVie, Devils Lake, Grafton (includes Park River service area), Cavalier and Warren, MN. Each covers a geographical service area approximately 60 miles from their location. Our employees are cross-trained to deliver both Home Health and Hospice care. Many of our employees live within the community they serve which enables us to provide local on-call services throughout our region.

If you, your staff, colleagues, family or friends have any questions regarding our services, please contact Kari Jensen, Home Health and Hospice Manager at 701.780.5887 or kjensen@altru.org.

Home Health Leadership Structure

- » **Lisa Henry, MD**, is Altru Hospice's Medical Director. She attended the University of North Dakota for her bachelor's degree and its School of Medicine and Health Sciences in Grand Forks, North Dakota for her Doctor of Medicine. She has an Internal Medicine Specialty and currently practices in Palliative Care.



Regional Therapy Leadership Structure



- » **April Kraemer, OTR/L, CLT**, Manager, has worked for Altru in Regional Therapy for almost 17 years, became a supervisor in 2012 and then manager in 2016. (akraemer@altru.org, 701.780.2357)



- » **Theresa Jurgens, MPT**, Supervisor, has worked for Altru for over 20 years. She started her career at Altru in home health and then transitioned to Regional Therapy. She has been a supervisor for over eight years. (tjurgens@altru.org, 701.780.2346)



- » **Samantha McEntee, MS/CCC-SLP**, Supervisor, has worked for Altru in Regional Therapy for seven years and has been a supervisor for three years. (smcentee@altru.org, 701.780.2358)



- » **Nancy Ekren**, Coordinator, has worked for Altru for over 40 years with over 20 of those being in Regional Therapy. (nekren@altru.org, 701.780.2387)

Please note we will be onboarding a third supervisor, Brian Bolin, PT on May 30, 2017.



- » **Kari Jensen, RN**, Manager of Home Health and Hospice, has worked for Altru for 15 years. Her experience includes clinic, medical-surgical and home health and hospice nursing. She has been manager of Home Health and Hospice since 2012.



- » **Mary Skorheim, RN**, Grand Forks Home Health and Hospice Supervisor, has worked for Altru for 35 years, with 25 of those years being dedicated to Home Health and Hospice. She has been the Supervisor since 2010.



- » **Kristan Demers, RN**, Branch Supervisor, has worked for Altru a total of 19 years. She has experience in critical care, oncology and emergency services in addition to her 12 years working Home Health and Hospice. Kristan lives in the region and travels regularly to each of our branch sites.



- » **Emily Henneman, DPT**, Home Health and Hospice Therapy Supervisor, has worked for Altru a total of seven years. She transitioned from Therapy Coordinator to Therapy Supervisor in 2017.

Recent changes in the region include:

Retirement Announcement's 2017

- » Everett Butler, CEO, Pembina County Memorial Hospital Cavalier, ND
- » Louise Dryburgh, CEO, First Care Health Center Park River, ND

Administrative Announcement's 2017

- » Jamie Neinhuis, CNO, Cavalier County Memorial Hospital and Clinics Langdon, ND
- » Lindsey Mehlhoff, DON, Cavalier County Memorial Hospital and Clinics Langdon, ND
- » Natosha Ebertz, DON, Nelson County Health System McVie, ND

New Physicians and Advanced Practice Providers

- » Matthew Viscito, MD, CMO, (Chief Medical Officer) Unity Medical Center Grafton, ND
- » Jared Marquardt, MD, Unity Medical Center Grafton, ND
- » Charles Emerson, MD, Cavalier County Memorial Hospital and Clinics Langdon, ND
- » Rachel Pearce, NP, Altru Clinic | Warroad, MN
- » Annette Larson, PA, Altru Clinic | Warroad, MN
- » Daniel Hagerty, NP, Cooperstown Medical Center Cooperstown, ND
- » Steven Barlow, NP, Unity Medical Center Grafton, ND and Nelson County Health System McVie, ND
- » Ericka Beckett, NP, Unity Medical Center Grafton, ND
- » Jim Hodges, PA, Nelson County Health System McVie, ND
- » Rachel Faleide, NP, Cavalier County Memorial Hospital and Clinics Langdon, ND

New Regional Outreach Providers and Sites

- » Ngozi Okoro, MD, Oncology Altru Clinic | Roseau and Altru Clinic | Crookston, MN

New Telemedicine Providers and Sites

- » Psychiatry - John Hennessee, MD
- » Family Practice - Hayley Svedjan, MD, and Carrie Clauson, PA
- » Dermatology - Sara Zebetian, MD
- » Oncology - Kevin Panico, MD
- » Gastroenterology - Howard Hack, MD, and Israr Sheikh, MD

New Locations

- » Walhalla, ND Cavalier County Memorial Hospital and Clinics

Future Sites

- » Crookston, MN Villa St. Vincent
- » Karlstad, MN Kittson Memorial Healthcare Center, Karlstad Clinic

Telemedicine Statistics

- » 3,497 visits in 2015
- » 5,322 visits +95 eVisits in 2016



P.O. Box 6002
Grand Forks, ND
58206-6002

VALUES

Our Patients

Meeting the needs and expectations of our patients is our highest priority.

Our Care

We provide quality care that is demonstrated to achieve the best results for patients.

Our Team

We work as a team and treat each other with honesty, loyalty and respect.

Our Communities

We are committed to improving the health of our communities.

PROMISE

Every moment of every day, we promise to provide an excellent health care experience. We will be respectful, compassionate and thorough. We know your family and friends are an important part of your care; we will involve them as you wish and extend the same promise of excellence to them.

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