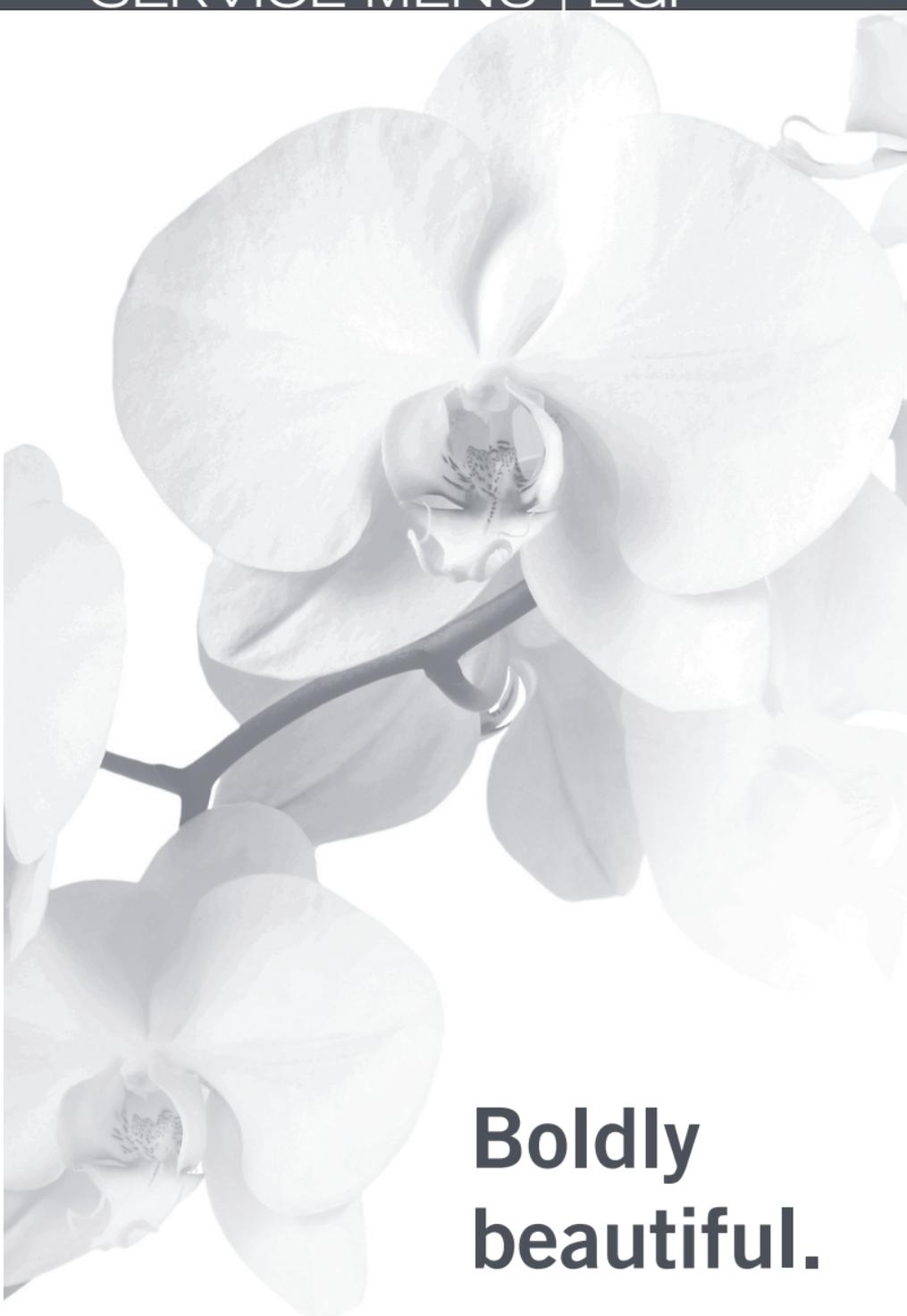


SERVICE MENU | EGF



**Boldly
beautiful.**



truyu.

Aesthetics

Injections

BOTOX, per unit	\$11.95
Dermal Filler, per syringe.....	\$340-\$800
Kybella, per vial	\$600

Massage

Relaxation Massage - This full body massage uses a combination of strokes to improve circulation, promote relaxation and improve flexibility, general health and well-being.

» 30 minutes.....	\$42
Series of 5.....	\$168
» 60 minutes.....	\$73
Series of 5.....	\$292
» 90 minutes.....	\$95
Series of 5	\$380

Hot Stone - Reduce deep muscle tension and pain while promoting relaxation with the placement and movement of smooth, heated basalt stones. Excellent for those in high stress and active environments.

» 60 minutes.....	\$84
» 90 minutes.....	\$105

Therapeutic Foot and Hand Massage - A traditional swedish massage is enhanced with basic hand/foot reflexology. Reflexology is a gentle technique stimulating organ systems and body structures by strategically applying pressure to corresponding reflex points and zones. This is a great alternative approach for headaches, sinus pressure, knee/back pain and allergy sufferers.

» 60 minutes.....	\$84
-------------------	------

Therapeutic Massage - This is a collection of massage techniques that are used to relax muscles and increase circulation. This shortens recovery time from muscular strain, stretches ligaments, tendons and promotes flexibility. Therapeutic massage is often used to treat postural issues, sport injuries or biomechanical problems that are caused by repetitive movements.

- » 30 minutes.....\$42
 Series of 5\$168
- » 60 minutes.....\$73
 Series of 5\$292
- » 90 minutes.....\$95
 Series of 5\$380

Deep Tissue - Deep tissue sessions use some of the same techniques as Swedish massage. The use of sustained, deep pressure focuses on easing chronic tension, pain and restricted range of motion. This type of massage is not recommended for everyone. Please consult your therapist to find out if it is best for you. Session includes a 15 minute steam shower to loosen up muscles before session.

- » 30 minutes.....\$53
- » 60 minutes.....\$84
 Series of 6\$335

Integrated Cupping Therapy - This therapeutic massage session includes the use of a number of partial vacuum cups strategically utilized on pressure points on the body. Cupping helps to allow the body to release toxins, activate the lymphatic system and improve circulation to restore muscular health, relieve tension, and alleviate pain.

- » 60 minutes.....\$84
- » 90 minutes.....\$105

Pregnancy Massage - Relieve pain and tension common to healthy pregnancy in a relaxing and nurturing environment.

- » 30 minutes.....\$42
 Series of 5\$163
- » 60 minutes.....\$78
 Series of 5.....\$292

Bellanina Facelift Massage - The Bellanina consists of a thorough cleansing to prepare for the massage. Then a full 30 minutes is devoted to massaging your face with the signature honeylift lotion. Our certified therapist uses a variety of massage and lymphatic drainage techniques to tone, tighten and rejuvenate the muscles of the face and decollete. The 60 minute session is wrapped up with scalp, hand and foot massage

- » 60 minutes\$63
- Series of 6\$302

Spa Etiquette

Appointment Reservation - Due to the popularity of our unique services and as a courtesy to the staff and other guests, we require a minimum of 24 hours advance notice of cancellations or changes. Late arrivals will result in the appointment concluding at the original time scheduled and at the regular treatment price. Walk-ins are welcome.

Cancellation Policy - Services scheduled that are greater than one hour, including multiple service appointments that total more than one hour, require a \$25 deposit to hold the appointment. If you do not show up for your appointment or cancel with less than 24 hour notice, you will be charged \$25.00. Failure to show for an appointment with a package of series will result in a deduction from your package or series.

Age Requirements - Truyu is for adults 18 years or older. Those 17 years or younger may enjoy select services, if accompanied by a parent or a legal guardian. For the safety of our customers and staff, we request that children not be in the treatment rooms.

Early Arrival - Please arrive 15 minutes early in order to check in, complete your paperwork and relax before services.

Returns and Discounts - All sales are final. Prices do not include tax and are subject to change. Discounts and/or promotions cannot be combined. No additional discounts apply to packages or series.

Prices do not include tax.

Prices subject to change.

No refunds on products, services or gift certificates.



Truyu Aesthetic Center
607 DeMers Ave
East Grand Forks, MN 56721
218.773.0357

truyu.net

A part of Altru Health System