

Caregiver Training Program - The Role of the Health Care Team

Pre-Admission Coordinator:

- Introduction to the caregiver training program will be part of the pre-admission Rehab orientation.
- The goal is for the patient to be discharged home following their inpatient Rehab stay and we ask for a commitment from the family to support/assist with caregiving after discharge.
- Thorough explanation of the caregiver training options will empower the patient/caregiver and give them confidence that they will be supported by the healthcare team when preparing for discharge.

Patient Care Navigator/Case Manager:

- The caregiver training program will be reviewed with the patient/caregiver to re-iterate the importance of caregiver involvement and to reassure that the healthcare team is here to help prepare them for discharge at the time of admission.
- The PCN will seek input from nursing/therapy regarding the patient's medical and physical complexities to determine what level of caregiver training is appropriate.
- PCN will communicate with caregiver to review comfort level with patient's physical and medical needs and relay that information back to the healthcare team.
- Patient Care Conference: Discuss caregiver training and determine course of action for discharge preparation.
- PCN will organize caregiver training including a specific time of day and duration of caregiver training
- PCN will review the caregiver expectations as follows:
 - A commitment for full participation in a caregiver training program determined by the healthcare team and caregiver
 - Caregiver/Patient will have an active role in personal cares, dressing, toileting, bathing, mobility, transfers, skin care, wound management, nourishment/meal time, medication management, nursing care and therapies
 - Patient safety is our priority. The healthcare team strongly encourages patient independence with consistent use of adaptive equipment, medical supplies and mobility techniques as directed by the healthcare team. Remember assistance is just a call light away if you are unsure and need help.

Physician, Patient Care Coordinator/Nursing/Therapy:

- The healthcare team will review the patient's level of independence, safety and areas where caregiver involvement will be required (i.e. Medical, physical, cognitive/swallow, dietary) and communicate with the PCN.
- Communicate with the patient/caregiver anticipated levels of assistance that will be required for the patient to be safe when participating in their daily routine at the time of discharge.
- Follow staff expectations for caregiver training program:
 - Complete orientation to the room, bathroom, bed and call light system
 - Complete hourly rounding/ Daily Physician rounds
 - Medication administration/supervision
 - Provide instruction, supervision and education for patient/caregiver
 - Will supervise patient/caregiver to foster safety and independence during the patient's daily routine
 - The healthcare team will validate learned skills with the teach back method and adhere to the expectations for the patient/caregiver
 - The healthcare team will individualize the patient's daily schedule to meet the needs of the patient/caregiver to optimize training (i.e. Increase therapy time, increase time spent with nurse etc.)