

ALTRU HEALTH SYSTEM
Grand Forks, ND

SCOPE OF SERVICE

Inpatient Rehabilitation Program

The goal of the Inpatient Rehabilitation program staff is to help patients increase, regain, and maintain, their physical independence and enhance their quality of life. Altru Inpatient Rehabilitation aspires to meet the wide array of need of our patients through the use of effective communication, cultural competence, patient and family centered care and education.

Inpatient comprehensive rehabilitation services are provided for patients who have experienced functional loss due to a disabling illness, such as the following rehabilitation diagnoses:

- Amputation
- Brain Injury
- Burns
- Congenital Deformities
- Femur Fracture
- Impaired Mobility
- Major Multiple Trauma
- Neurological Disorders
- Polyarthriti/Joint Replacement
- Spinal Cord Injury
- Stroke (CVA)

Patients range in age from 18 to 100+ years. Patients less than 18 years old will be considered on a case by case basis with a Pediatrician co-managing care.

Our care delivery is characterized by uncompromising patient driven service, which is delivered through a multi-disciplinary functionally based structure. The multidisciplinary team provides effective, efficient diagnosis and treatment to assist patients and their families in achieving their goals. As an important component of an integrated, health care continuum, our programs assist our patients in increasing, regaining, and/or maintaining their highest level of independent functioning.

The patient and their family/caregiver will participate in setting their rehabilitation goals with the assistance of team members: a physiatrist with rehabilitation expertise, discharge planner (Patient Care Navigator/Social Worker), rehabilitation nurse, physical therapist, occupational therapist, psychologist, therapeutic recreation specialist, dietitian, pharmacist. May include other team members: speech-language pathologist, orthotic/prosthetic specialist, hospitalist or other consulted medical specialist, neuropsychologist, respiratory therapist, pastoral care and music therapy. The Inpatient Rehabilitation program has access to specialty services and providers throughout Altru Health System to meet the needs of the patient.

The Inpatient Rehabilitation program works together with primary care physicians throughout our region to enhance the quality of life and physical independence of the patients we care for. Patient referrals can originate from personal physicians, social workers, discharge planner (PCN/SW), physical therapist, occupational therapist, family members, and patients themselves.

The Inpatient Rehab Nursing pre-admissions coordinator and Psychiatrist assess the patient's appropriateness for admission and ensures the following criteria are met:

1. The patient demonstrates a documented functional deficit in two or more of the following areas:
 - Ambulation
 - Transfers
 - Activities of Daily Living (ADLs)
 - Instrumental Activities of Daily Living (IALs)
 - Communication/Swallowing
2. Patient is able to be medically managed in this setting.
3. The patient is free of secondary medical or surgical conditions, which prevent participation in an inpatient rehabilitation program (per 3-hour rule).
 - If on oxygen, function without compromise to participate in therapy and not on continuous ventilation.
4. The patient is willing to actively participate in an inpatient rehabilitation program.
5. The patient is cleared for admission to the acute inpatient rehabilitation program by meeting prior authorization requirements. Third party payer calls will be completed by the pre-admission coordinator.
6. The patient requires 24-hour medical and nursing supervision.

The nursing unit provides a 24-hour nursing service. A registered nurse is on duty at all times. Nursing staff consists of RN's, LPN's, Nurse Aides, HUC's, and CRRN's (certified registered rehabilitation nurses). Behavioral needs are coordinated with the neuropsychologist.

Physicians are available 24 hours a day, seven days a week, though they may not always be physically present. If emergency care is required the emergency response team will provide care and direct necessary medical interventions.

Inpatient rounds are done daily to assess patient care needs. To provide care throughout the continuum of care, the nursing staff works with the other disciplines to follow patients appropriately. Multidisciplinary patient conferences will be held within first 7 days and at least weekly, to review progress, outcomes, and goals. Patient care rounds are done hourly 6a-10p and every 2 hours from 10p-6a.

Transportation to an off-site location or activity and from Main Hospital to Altru Specialty Center is provided by: bus driving personnel, orderly, nurse assistant or recreational therapist. Bus driving staff will have a valid driver license, demonstrate proper techniques of patient transfers, and use of bus equipment such as lifts and safety chair locks. A staff member will accompany patients in the bus.

The Inpatient Rehabilitation Program staff use Altru Health System's policies, procedures and practice guidelines. Joint Commission, CARF accreditation boards, the ANA Code for Nurses and the AHA Patient Bill of Rights guide these documents.

Staff education is provided as inservice programs, skill validations, competencies and CBL's in Net Learning. All staff is required to keep their mandatory programs current annually. All staff is BLS certified.

Environmental rounds are conducted monthly and include Environmental, Infection Control, Nursing, Safety, Employee Health, and Risk Management to monitor for the environmental needs of the patients.

Reviewed/Revised: 11/18