

# Immunization Schedule

## Adults

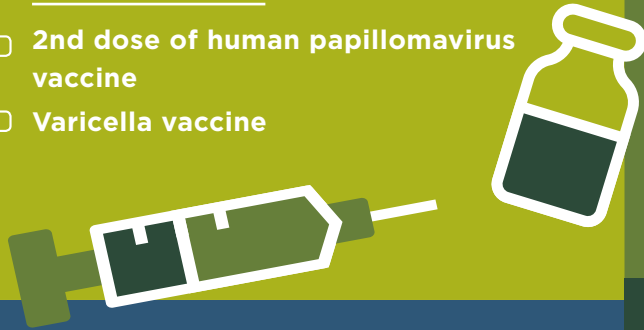
(19 years or older)

### YOU NEED ONLY A FEW VACCINES AS YOU GET OLDER.

Speak with your primary care provider if you have questions about vaccines. Any immunization may cause minor side effects, including swelling at the injection site, soreness and fever, all of which should subside within a few days.

#### 19-26 YEARS

- 2nd dose of human papillomavirus vaccine
- Varicella vaccine



#### 19-65+ YEARS

- Tetanus and diphtheria booster every 10 years

According to your care, you may need a **tetanus, diphtheria and acellular pertussis vaccine**. Speak with a provider about if this vaccine is right for you.



#### 50-65+ YEARS

- Zoster recombinant vaccine



#### 65+ YEARS

- Pneumococcal conjugate vaccine
- Pneumococcal polysaccharide vaccine



Everyone ages 6 months and older should get a **flu vaccine once per year** unless otherwise recommended by a provider.

To schedule your immunizations, visit [altru.org/immunizations](https://altru.org/immunizations).



**\*Note:** Some vaccination schedules may vary depending on when you receive the first dose in a series. Always make sure to speak with a provider if you have any questions about when you should receive an immunization.

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