

# Legacy

GRAND FORKS, NORTH DAKOTA

## Vested

Keen awareness  
of need spurs  
generous donation  
*page 6*



### INSIDE :

Q & A: Caregiver Stress

Spin for Kids set for April 17

Fulfilling holidays for pediatric patients

\$25,000 grant awarded for breast cancer screenings

Patients, families benefit from new chairs

Valley Dairy, RDO and Altru Alliance make donations





*If you stay healthy you may live a long time. What if you live longer than your resources do?*

**Talk to us about a charitable gift annuity**

**Call for more information:  
Jon Green,  
executive director  
(701) 780-5837**

## Altru Alliance donates five-figure gift to patient care

Altru Alliance is a long-standing organization that grew out of the auxiliaries at St. Michael's and Deaconess Hospitals which merged in 1971 forming United Hospital. As a monumental supporter of Altru Health System, the Alliance has donated more than two million dollars for programs and supplies benefiting patients and their families.

This year, 23 areas within Altru received funding from the Alliance totaling more than \$67,000. These donations will support a multitude of purchases including snacks for cancer patients, coffee for waiting rooms, patient belonging bags and cases for glasses and hearing aids, bibles for patient rooms, books for the Reach Out and Read program, and heart and lung pillows for surgery patients.

"Funds are awarded annually based on applications," explained Alliance President Barb Stolt. "Our selection committee reviews each application to determine if it meets specific criteria."

Altru departments are not the only recipients of Alliance donations. During the 2010 calendar year more than \$19,000 will go to scholarships, Dak Minn Blood Bank, Home Delivered Meals, Lutheran Social Services, Safe Kids and the sponsorship of CaringBridge. CaringBridge is an Internet service that allows patients, or their families, to communicate with loved ones through a personal Web site. It is a free and easy way for patients to keep family and friends informed of their condition. There are eleven CaringBridge computer sites on the Altru campus.

More than 90 percent of the funds raised by the Alliance come in the form of gift shop revenue. The Altru Hospital Gift Shop is located on the main level of Altru Hospital just to the east of the main lobby. The Alliance also hosts several fund-raising events annually including jewelry, book and art sales.

Nearly 150 men and women are Altru Alliance members, and new members are always welcome. The annual membership fee is \$10 per person.



*Your comments, concerns and questions are always welcome.*

### PLEASE CONTACT

Jennifer Dobrowski, editor  
Altru Health Foundation  
P.O. Box 6002  
Grand Forks, ND 58206-6002  
jdobrowski@altru.org  
701-780-5611

*Legacy is published as a service of Altru Health Foundation.*

### CONTRIBUTING WRITERS

Jennifer Dobrowski

### PHOTOGRAPHY

Jennifer Dobrowski

### ALTRU HEALTH FOUNDATION

P.O. Box 6002  
Grand Forks, ND 58206-6002  
701-780-5600  
altru.org/foundation

### COVER PHOTO

Even before Doug Norby's life-saving triple bypass, he and wife Sandy knew they wanted to support the state-of-the-art care provided at Altru. After reading an article in the winter issue of *Everyday*, Sandy found the perfect fit for their five-year pledge commitment: Altru's Pediatric Therapy Services' Universal Exercise Unit. The unit uses a system of bungee cords and harnesses to allow patients to move more freely and independently than conventional therapy. Read more on page six.



*Altru Alliance donated more than \$67,000 to Altru patient care programs and services for use in 2010. At large members Judy Pettit (left) and Ray Stocker (seated) join Alliance officers Jo Cultice, secretary, and Gina Esslinger, treasurer, for this photo. (officers not pictured: Barb Stolt, president, Lynn Pollard, president-elect)*

# Q&A

## QUESTION

### What is caregiver stress and can it affect my health?



## Altru's Social Services Department



## ANSWER

Caregivers provide help to those who have medical conditions such as dementia, cancer or brain injury and need help with basic every day tasks like grocery shopping, house cleaning, paying bills, bathing, dressing and eating.

Caregiving may be a satisfying experience, but also physically and mentally challenging. The emotional and physical strain of providing this care on a daily basis can produce a significant level of stress.

Although most caregivers are in good health, it is not uncommon for caregivers to have serious stress-related health problems including depression or anxiety, a weaker immune system, higher levels of obesity and a higher risk of developing long-term medical problems including heart disease, cancer, diabetes and arthritis.

### SYMPTOMS OF CAREGIVER STRESS

- Feeling overwhelmed
- Sleeping too much or too little
- Gaining or losing a lot of weight
- Feeling tired most of the time
- Loss of interest in activities you used to enjoy
- Becoming easily irritated or angered
- Feeling constantly worried
- Often feeling sad
- Frequent headaches, body pain or other physical problems
- Abuse of alcohol or drugs, including prescription drug

### TAKING CARE OF THE CAREGIVER

- **Understand your feelings** – Share your feelings with others who can help you like a counselor or social worker. Talking about how you feel can help you understand that the feelings you experience are normal. Give yourself time to think through your feelings, especially if they get in the way of daily life.
- **Make time for yourself** – Do something that you want to do or enjoy. Watch TV, call a friend or work on a hobby. Be active. Light exercise like walking or dancing, or doing light yard work and gardening can be positive for your mental health.
- **Ask for and accept help** – Prepare a list of ways that others can help you. Ask family members to contribute their fair share physically and financially to help take care of a relative. Locate and learn about caregiving resources in your community, and join a support group for caregivers in your situation.
- **Take care of your body** – You may feel too busy to think about your own health. However, taking care of your body gives you strength to provide care. See your doctor for a checkup. Tell him/her that you are a caregiver and make note of any symptoms of depression or sickness you may be having. Eat healthy meals. Get enough rest and make time to relax.

For more information or for links to additional caregiving resources, visit [altru.org](http://altru.org) or call Altru's Social Services at (701) 780-5345.

# Breast cancer screening program receives \$25,000 boost

National Breast Cancer Foundation (NBCF) awarded Altru a \$25,000 grant for screening and diagnostic mammograms and ultrasounds for underserved women.

According to the National Cancer Institute, getting a high-quality mammogram and having a clinical breast exam on a regular basis are the most effective ways to detect breast cancer at an early stage.

However, with rising health care costs and cutbacks in insurance coverage, many women simply cannot afford the diagnostic services needed to detect the disease early. Uninsured and underserved women are becoming increasingly vulnerable and need life-saving intervention now.

Located just north of Dallas in Frisco, Texas, NBCF is a nonprofit, charitable foundation whose mission is to save lives through early detection and to provide mammograms for those in need. This mission includes increasing awareness through education, providing diagnostic breast care services for those in need and providing nurturing support services.

The \$25,000 grant awarded to Altru will be used to start an NBCF National Mammography Program (NMP). NMP provides free mammograms and diagnostic breast cancer services to underserved women nationwide through medical facilities within NBCF's network. In 2009, the NMP network included 73 medical facilities serving 42 states across the country.

For more information about the NMP program contact Jennifer Dobrowski, Altru Health Foundation Client Relations Coordinator, at (701) 780-5611.



# Anonymous donor makes holidays bright for pediatric patients, families

During Thanksgiving and Christmas, Altru Hospital's pediatric patients and their families were able to share a meal together without leaving their hospital room. This thanks to an anonymous donor who, a year earlier, experienced the same generosity.

"Our daughter adopted a child from Ethiopia," explained the donor. "His medical complications kept him in a hospital in Indianapolis over Thanksgiving. It is a very special holiday for us and it broke our hearts to even consider leaving his side to eat a meal together outside his room."

Fortunately, the family didn't have to leave their grandson's bed side. Thanks to an Indianapolis donor, a meal was provided to them in the child's hospital room and they were able to eat together as a family. Today the family's grandson is 19 months old and is well on his way to a happy, healthy life.

"We wanted to express our thanks to the individual who cared enough to feed a family of complete strangers during the holidays. So this year we gave families in peds the opportunity to share a meal with their loved ones."

Whether a traditional turkey dinner or cheeseburger and fries, patients and family members were able to order anything they wanted from the hospital menu. Each guest tray only cost \$5 no matter what was ordered. "We couldn't have purchased meals and brought them in for the same price. And the food here is good, not the stereotypical hospital food you hear stories about."

"Giving a meal to families in a similar situation to ours is simply our way of paying it forward."



# Out with the old; in with the new

## Renal dialysis units outfit Grand Forks and Devils Lake locations with new chairs.

**T**hanks to the financial support of donors like you, 18 chairs were purchased and installed in the Grand Forks and Devils Lake renal dialysis units. After being used for more than twelve hours a day and up to six times each week, the old recliners began to show their wear and no amount of repair could compete with outright replacement.

Grand Forks has 68 patients utilizing hemodialysis, the most common form of renal (kidney) dialysis, and 25 more in Devils Lake. "The average time a patient spends receiving treatment is between three-and-a-half to four hours," explained Colette Greek, manager of Altru's Renal Dialysis. "Some patients must sit in these chairs for sessions lasting up to five hours. We needed to make the upgrade for our patients' sake."

The new chairs have two features that make patients particularly happy: heated seats and a higher seat base. "Dialysis can make a person quite cold," stated Greek. "A warm chair in conjunction with a blanket can make a considerable difference in the comfort of our patients." The higher chair base makes it easier for frail patients and older individuals to get out of the chair once their dialysis treatment has been completed.

The loss of renal function causes serious health problems. Without dialysis or kidney transplant it is a potentially fatal condition.

Renal dialysis acts as an artificial kidney by mechanically filtering the blood that would normally take place by healthy kidneys. This process eliminates liquid and chemicals that upset the delicate balance of salt and



minerals in the body. Dialysis is necessary when an individual develops acute or chronic renal disease.

Acute renal disease is the sudden loss of kidney function. The most common causes of this type of kidney failure is dehydration, medications or blood loss from major surgery or injury. Chronic renal disease is often present for many years and slowly reduces kidney function. This type of disease worsens over time. Renal dialysis can be used until the kidneys resume function or the patient receives a kidney transplant.

Altru's Renal Dialysis unit began as a satellite unit of Hennepin County Medical Center in 1975. In 1982, this satellite clinic became free standing. Today, Altru's Renal Dialysis unit offers thirteen dialysis stations six days per week in Grand Forks and five stations three days per week in Devils Lake, N.D.

A new fund has been established to support basic health care needs of low income renal dialysis patients receiving treatment at Altru. To make your donation in support of these critical areas, visit [altru.org/foundation](http://altru.org/foundation) or call (701) 780-5600.

### Do you sometimes have too much month at the end of the money?

Contact Jon Green, executive director, at (701) 780-5600 today for a no-obligation personal illustration! You can also e-mail Jon at [jgreen@altru.org](mailto:jgreen@altru.org).

### Altru Health Foundation now offers charitable gift annuities. Talk to us about an annuity today!

- You receive fixed, **guaranteed payments** as long as you live and provide a significant future gift to Altru Health Foundation.
- Annuity payments at **attractive rates**, based on your age and the amount you contribute.
- Payments are partially **tax-free**, and a charitable deduction results in tax savings in the year of the gift.
- The annuity may cover your spouse or another person as well.



# Truly vested

Keen awareness of  
need spurs generous  
donation

Nine months ago, life stood still for Doug and Sandy Norby.

In mid-June, Doug began experiencing discomfort in his chest. He made an appointment with Dr. Eric Bakke, his primary care physician, who in turn scheduled a cardiac cath procedure to open blockage in Doug's heart.

"Before we even began, Dr. Ahmed told me there was a potential for surgery," Doug recalled. "The thought was a bit frightening, but at least I was prepared."

While performing the procedure, Dr. Ahmed determined Doug needed immediate bypass surgery. On June 17, Dr. Barry Bjorgaard and Dr. Terry Olivas performed Doug's triple bypass.

During a typical bypass surgery, a blood vessel is removed from one area of the body and placed near the area of the blocked artery to "bypass" the blockage and restore blood flow to the heart. The operation was a success. "They saved my life," said Doug.

Doug and Sandy have been champions of Altru for several years, and even more so since Doug's surgery. So when people ask Doug if he went out-of-town for his procedure he simply responds: "Why? We have highly qualified surgeons here and state-of-the-art technology. The staff are great, the care exceptional, nurses and doctors attentive. They made a scary situation much more comfortable. And, I can honestly say I had fun. Why would I want to go somewhere hundreds of miles from home when what I need is right here?"

The Norbys continue to recognize and acknowledge the positive impact Altru has on the communities it serves and the benefits of the patient care programs and services it provides. They have given generously to projects and activities including the expansion of Altru Cancer Center and the Harvest Gala.

Through their business, Norby's Work Perks, and personal activities including Sandy's term on Altru Health Foundation's Board of Directors and Doug's election as a corporate member, they have come to know several people at Altru and have a vested interest in its success.

"Even before Doug's surgery we knew we wanted to give back financially," said Sandy. "But we weren't quite sure what we wanted to support." After reading Hannah Watson's story "The Gift of Independence" in the winter issue of *Everyday*, Sandy knew supporting the new Universal Exercise Unit was a sure fit for them.

Altru's Pediatric Therapy Services installed the Universal Exercise Unit, or spider cage, in September. When in the unit, patients wear a belt and harness system that allows for the attachment of up to eight bungee cords. The patient is then semi-suspended in the middle of the cage with unique support received through the bungee cords. The suspension system is extremely dynamic and provides the right amount of tension needed to support the patient. Without the



need for as much hands-on support from staff, the patient is allowed to move more freely and independently than with more conventional therapy.

“Our department’s goal is to assist each child to live the fullest life possible by enhancing function and fostering independence through innovative programming,” said Maureen Riley, supervisor of Altru’s Pediatric Therapy Services. “It has been so exciting to see our kids regain a sense of independence while using this equipment.”

Altru Health System is the only provider in North Dakota and eastern Minnesota utilizing a Universal Exercise Unit for its patients.

Patients using the spider cage include, but are not limited to, those with cerebral palsy, traumatic brain injury, cerebral vascular accidents, autism, hemiparesis, sensory integration dysfunctions and any muscular disorder affecting balance, endurance and strength. Exercises performed in the unit aid in the development of functional skills including sitting, crawling, standing, walking, climbing and jumping.

Patients see multiple benefits including an increased range of motion, improved balance and coordination.

The purchase of the spider cage was partially funded by donors and, as requested by his family, memorial gifts received for Robert M. Jacobson, United Hospital visionary.

Robert M. and Helen Jacobson’s grandson, Jacob, was born with cerebral palsy, a condition that affects every limb of his body. In 2009, Jacob underwent spine stabilization surgery. Since then he has been participating in therapy sessions twice each week: once in the spider cage and once in the pool.

“The spider cage supports Jacob’s whole lower body,” said Liz Olson, Jacob’s physical therapist. “It allows him to stand and sit without much assistance from me.” This gives Olson the opportunity to work with and improve Jacob’s strength and mobility. The spider cage has led to significant improvement and milestones for Jacob.

“Before therapy Jacob couldn’t hold his head up for more than five seconds,” said Olson. “Now he can hold his head up for 10 minutes.”

To show their appreciation for the quality care Altru provides on a daily basis and its drive to acquire state-of-the-art technology, the Norbys made a five-year pledge to support Altru’s Pediatric Therapy Services and the spider cage. It was made in memory of their grandson Samuel.

Sandy added, “While the spider cage is not new technology, it’s new to the area, and it’s vitally important to have specialized health care services available to patients with disabilities throughout the region.”

To show your vested interest in Altru’s Pediatric Therapy Services, the spider cage or any patient care program or service at Altru, donate online. Visit [altru.org/foundation](http://altru.org/foundation) to make your gift today.

*Physical therapist Liz Olson only needs light pressure to support Jacob when using the spider cage harness and bungee system. Patients like Jacob experience multiple benefits from using the spider cage including an increased range of motion, improved balance and coordination.*

# Spin for Kids

The first annual Spin for Kids, an indoor race on stationary spin bikes, will be held in conjunction with Altru's Here for Life Expo April 17, 2010, at the Betty Engelstad Sioux Center.

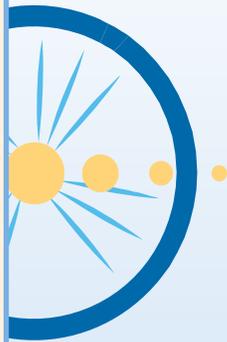
Proceeds from the event will benefit children and families with special needs due to a variety of neurological, orthopedic and genetic disorders, as well as problems associated with premature birth and developmental delays.

Children grow and change very quickly, and the equipment they need must change with them. Insurance does not always cover these costs and families face lifelong medical expenses. Proceeds raised by Spin for Kids will be dispersed to qualifying families to help them get the equipment and services they need.

Spin for Kids is open to all skill levels. Each team consists of eight cyclists that ride for 25 minutes each. For more information or to register a team contact Spring Bakke at (701) 780-2516 or stop by Altru's Medical Fitness Center. To make a donation for a specific rider, visit [altru.org/foundation](http://altru.org/foundation) and select the "donate online" button in the left column. Indicate the rider you are supporting by typing in their name in the "in honor of" section of the donation form.



*Siobhan Kisee and Bryce Campos have been chosen as honorary captains and ambassadors for the race.*



## join the fun of spinforkids

**Saturday  
April 17, 2010  
Betty Engelstad  
Sioux Center**

**In coordination with  
Altru's Here for Life Expo**

Spin for Kids is an indoor spin bike relay race with eight riders per team.

Riders raise pledges for children with special needs.

Race registration starts February 8, 2010.

To register your team call Spring at (701) 780-2516 or stop by Altru's Medical Fitness Center.

**Bike for a  
great cause.  
Bike for the kids.**



# RDO Equipment Co. employees select cancer center for donation



RDO Equipment Co. has come a long way since its founding in Casselton, N.D., in 1968. Since then the family-owned and operated business has grown to more than fifty locations in nine states across the country. Even more impressive is the company's dedication to the communities it serves.

Each RDO location has a budget specifically reserved for community involvement. In 2009, the employees of RDO in Grand Forks selected Altru Cancer Center as the recipient of a \$1000 contribution.

"We believe in being good corporate citizens," stated Roni Lillehaugen, general manager of RDO Equipment Co. in Grand Forks. "The community is a stakeholder in our company, and we make it a point to support the communities in which we do business.

RDO's gift will support education, diagnostic and treatment programs and services provided to Altru Cancer Center patients and their family members.

RDO employees also selected several other worthy causes including American Red Cross, East Grand Forks Food Shelf and Community Violence and Intervention Center. Lillehaugen added, "Our employees believe in helping to improve the quality of life for those in need where and when we can."

Winston Churchill once said, "We make a living by what we get; we make a life by what we give." Even in hard economic times, Americans continue to demonstrate a remarkable spirit of generosity. While we understand a majority of Americans are not able to give as much as they would like to, there are options available for the future. All it takes is a little careful planning.

Robert M. Jacobson  
Legacy Society



## Securing health care for the future

Keep Bob's vision alive with a gift made through your estate plans. Consider naming Altru Health Foundation in your will or trust.

Your gift will provide financial support to patients in the area of care of your choice (including but not limited to):

- Cancer
- Diabetes
- Heart Services
- Multiple Sclerosis
- Hospice
- Children's Services (NICU, Pediatrics)
- Renal Dialysis



*One hundred percent of every gift is utilized for patient care as no part of any gift is used for administrative expenses.*

Contact Jon Green, Altru Health Foundation Executive Director, to arrange a visit to discuss estate planning: (701) 780-5837.

# Foundation Board grant funds chairs that aid family comfort

Altru's palliative care staff couldn't be more pleased. Families now have appropriate seating to use when discussing crucial care decisions for their loved ones. This thanks to a \$4,500 grant from Altru Health Foundation's Board of Directors.

Palliative care is designed to help relieve suffering and ensure the best possible quality of life for patients and families facing advanced chronic and life-threatening illnesses. It includes management of pain and physical symptoms, care and sympathy for emotional suffering, and loss and bereavement. Palliative care helps the patient and those who love and care for the patient deal with the uncertainties of a serious illness.

Palliative care also addresses the changing goals of medical care. Staff help family members consider care options and make decisions about quality of life. They are there to interpret the benefits and burdens of care such as test, surgeries or medication. And will help determine when or if to begin or discontinue treatment.

When discussing critical or end-of-life care with palliative care staff, patient rooms often lacked chairs for every family member to sit on. Chairs had to be borrowed from other patient rooms, and were bulky and difficult to move.



*Six sets of portable, stackable chairs were purchased with an Altru Health Foundation Board grant for use on patient care floors throughout Altru Hospital. Originally purchased for use with palliative care, the chairs are being used for a multiple purposes.*

"When I saw a family member sitting on the floor during a consultation, I knew something had to be done," said Nancy Joyner, clinical nurse specialist with Palliative Care. "We're here to show compassion and consideration for our patients and their loved ones. No one should have to sit on the floor when making crucial care decisions."

Altru Health Foundation's Board of Directors agreed and approved Joyner's request for more chairs. The grant purchased six sets of portable, stackable chairs for use on patient care floors throughout Altru Hospital: intensive care and surgical critical care units, fifth and six floors and third floor including both three east and three west. Each set holds six cushioned chairs on a movable storage cart.

"The chairs are getting more use than we originally thought, and not just for palliative care," said Joyner. "Not only are family members happy with the addition, but staff are, too. Unlike borrowing chairs from other patient rooms, these chairs stack on a rolling cart and are easy to transport to patient rooms. And, there are no arms on the chairs which helps accommodate every body shape and size."

Additional Board grants awarded in 2009 were valued at more than \$13,000 and included nursing scholarships, credentialing and continuing education assistance, and support for the School to Career program.



## Valley Dairy gives big, gives back

October is national breast cancer awareness month. Each year Valley Dairy and its employees make an effort to promote cancer awareness by selling breast cancer themed items in their stores. This past year, to draw even more attention to the cause, employees had the option of wearing pink shirts.

"I was pleasantly surprised how many staff members wanted to wear pink," said Monica Musich, Valley Dairy President. "Cancer has touched so many lives, even some of our guys wanted to wear pink."

The company also partnered with Altru Cancer Center's Filling the Gap program in its Halloween "There's No Place Like Hope" fund-raising event featuring the movie *Wizard of Oz*. Valley Dairy promoted the event through in-store posters and its first-ever benefit car wash.

"A portion of each car wash during the week prior to Halloween was donated to Filling the Gap," Musich explained. "We were very pleased with how well it went over. We could use a bit more advertising in the future, but for a first-time event, and on such a short notice, I couldn't be happier."

Also during the month, coin jars collected patrons' spare change. "There are so many causes that request to place jars in our stores," commented Musich. "Our counter space is limited and it's hard to choose. However, Altru Cancer Center was a good match for the month of October. Plus, it's a local charity and well known in the community for providing quality care. We look forward to working with them in the future."

The change jars in conjunction with the car washes raised \$3,565 for Filling the Gap. These funds are used to support lodging, transportation and nutritional assistance for low income Altru cancer patients. These items are not traditionally covered by insurance, yet deeply affect the quality of life patients experience during treatment.



## Pediatric chemo chair, TV big hit with kids

Altru's Pediatric Clinic located at Altru Clinic - Main has two new pieces of equipment used in the fight against pediatric cancer. Compliments of Grand Forks Optimist Club 35078 and The Hockey Academy at Ralph Engelstad Arena, a state-of-the-art chemotherapy chair and flat screen television can now more comfortably accommodate pediatric chemotherapy patients.

The chemotherapy chair, donated by the Grand Forks Optimist Club, fits children of all ages. Before installing the chair, children received their nearly three-hour treatment lying on an exam table. The new chair reclines and is heated. "Children often comment that the IV therapy makes them cold," explained Sue Hafner, pediatric nurse practitioner at Altru Clinic - Main. "It's nice now to have a heated seat to help keep them comfortable. And they love to recline."

The portable chair also includes an IV pole and two collapsible desks. Children can play games or put together puzzles while receiving treatment. They can also watch TV and movies thanks to the new flat screen television donated by The Hockey Academy.

"There were a number of reasons we made the donation," said Brad Berry, director of The Hockey Academy at Ralph Engelstad Arena. "First it was our relationship with Sue Hafner and her work with Sioux athletics all in the name of her patients. Then, when you have small children and you see young kids that have been stricken with illness, there's just something inside that makes you want to give back."

Together the chair and flat screen television provide comfort and a positive distraction for pediatric patients. Hafner concluded, "These items play an important part in our young patients' road to recovery. We are very thankful for the donation."





P.O. Box 6002  
Grand Forks, ND  
58206-6002  
701-780-5600  
altru.org/foundation

**Address Service Requested**

NON-PROFIT ORG.  
US POSTAGE  
**PAID**  
GRAND FORKS, ND  
PERMIT NO. 317

*A part of Altru Health System*

## **Thursday, June 10, 2010 Grand Forks Country Club Entry Fee: \$135 per golfer**

Register online - [altru.org/foundation](http://altru.org/foundation) - as a sponsor or participant of the eighth annual Altru Cancer Center Golf Tournament.

### **\$135 entree fee includes:**

- ◆ 18 holes of golf
- ◆ Golf cart rental
- ◆ Use of driving range
- ◆ Mulligans
- ◆ Commemorative gift
- ◆ Lunch and dinner

### **Tournament information:**

- ◆ Four-person scramble format
- ◆ Prizes awarded in both gross and net divisions



**Swing  
into  
the  
new  
year**

Proceeds support Altru Cancer Center.