

## Airbrush Spray Tan Instructions

To ensure that you get the very best results from your airbrush spray tan experience, we recommend that you follow these 3 steps:

### 1. Before Airbrush Spray Tanning

At least 24 hours prior to receiving your airbrush spray tan we recommend that you cleanse and exfoliate your entire body. It's important when exfoliating that you pay particular attention to rough skin areas like knees, ankles, heels, hands and the top of your feet as dry areas tend to absorb the tanning solution faster, which can result in an uneven looking tan. It is also best to shave or wax at least 24 hours prior to receiving your spray tan if possible.

### 2. On the Day of Your Airbrush Spray-on Tan

On the day of your airbrush spray tan we recommend that you avoid the use of deodorants, moisturizers, perfume, and make-up as these may inhibit the effectiveness of the tanning solution.

When getting your airbrush spray tan you may wear as little as you like or a full bathing suit. All technicians are fully trained to operate in a discrete manner and fully respect client confidentiality.

**CLOTHING:** Dark, loose fitting attire is suitable for after your tanning session. Some minor rub off can occur after your spray tan; and though minor rub off will easily wash out of most fabrics, some lighter colored materials, including leather, may stain.

**APPLICATION:** Your airbrush spray tan will be professionally applied in a private area by a qualified technician. You will immediately notice a completely natural looking tan that will continue to develop over the next 6-8 hours. The application itself is quick and easy and will end feeling dry to the touch.

For the best possible results you should avoid the following for the first 6-8 hours after application:

- » Water
- » Saunas/Spas
- » Physical Exercise/Sweating
- » Swimming
- » Tight fitting clothes

### 3. After Tanning

Now that your tan has been applied, you can reasonably expect it to last for up to 5 to 7 days depending on your skin type.

Once your tan is applied you must leave it to dry completely. Your Sun technician will ensure your application is dry before you leave, but as a precaution, do not wet your skin for at least 6-8 hours after the tanning session.

## **IMPORTANT ADVICE**

Skin: If you feel you have highly sensitive skin, or have any doubts, we recommend a small localized test spray to check your skin compatibility before having your airbrush spray tan.

Sunscreen: The tanning solutions DO NOT contain a sunscreen. Please make sure you apply sunscreen to prevent sunburn when outdoors.

We recommend that you do not exercise or perspire excessively between the tanning and showering phase. When showering do not be concerned if some of the initial bronzer washes off, this is part of the tanning process and your skin will continue to tan.

Finally if you want your airbrush spray tan to last longer then you should avoid:

- » Long baths
- » Hot spas
- » Extended swimming sessions
- » Any products that exfoliate the skin