



truyu[®]

a e s t h e t i c c e n t e r

Pre-Wedding Checklist

6 Months Before

Now is the time to experiment with your hair. Try out different cuts/colors. Once you find a look that you are comfortable with, begin a hair care routine that includes regular deep conditioning treatments and trims every 4-6 weeks. Make an appointment with an Aesthetician to begin a skin care regimen and develop a plan for the next 6 months based on the result you are looking to achieve.

5 Months Before

If your nails are short, begin growing them out, or consider nail enhancements such as gel nails to strengthen and protect your natural nail. If you plan on having natural nails, begin monthly manicures and pedicures. This will ensure that your nails are strong and flawless for your wedding as well as serve as a nice break from all of that wedding planning!

4 Months Before

Make your hair and make-up appointments for your trial and wedding day. Make appointments for your bridal party and relatives as well.

2-3 Months Before

Continue skin care plan. Research different hair and make-up styles that you would like to try on in your trial.

1 Month Before

Get your hair trial and make-up completed. Arrange the appointment back to back if possible so you can try them on together. Do a trial airbrush spray tan.

2 Weeks Before

Schedule your final hair trim and deep conditioning treatment. Touch up your color/highlights.

1 Week Before

Receive any waxing services such as brows, lips, legs, underarms, etc...For best results waxing services should be performed on 5-8 weeks of hair growth. If you do not normally wax, start a couple months prior to avoid any adverse reactions to the wax. Get couples massage with your fiancé. Chances are it will be a nice relaxing break for the two of you from all of the last minute wedding planning.

3 Days Before

Receive your final HydraFacial and a Salt Glow skin treatment (be sure to wait a couple of days after waxing) to smooth, brighten and gently exfoliate your skin. It will give your skin that glow for the big day! This is also a great time to get couples massage with your fiancé. Chances are it will be a nice relaxing break for the two of you from all of the last minute planning.

1 Day Before

Get your final manicure and pedicure. Get your final manicure/pedicure and an airbrush spray tan.

The Big Day

Receive your hair and make-up services. It is recommended that these are the only services you receive on this day!



<i>Silver</i>	<i>Gold</i>	<i>Platinum</i>
4 Corrective HydraFacials	4 Corrective HydraFacials	6 Luxury HydraFacials
Lip and Brow Wax	2 60 Minute Swedish Massage	2 60 Minute Swedish Massage
1 60 Minute Swedish Massage	2 Spa Manicures	1 60 Minute Couples Massage
1 Spa Manicure	2 Spa Pedicures	3 Spa Manicures
1 Spa Pedicure	1 Salt Glow	3 Spa Pedicures
2 Airbrush Spray Tan	2 Airbrush Spray Tan	2 Salt Glow
Event Make-up (2 sessions)	Full Leg Wax	2 Airbrush Spray Tan
	Bikini Wax	Full Leg Wax
	Lip and Brow Wax	Bikini Wax
	Event Make-up (2 sessions)	Lip and Brow Wax
		Event Make-up (2 Sessions)
		1 Skin Tx Skin Care System
\$500.00 (Reg \$671.00)	\$735.00 (Reg \$986.00)	\$1395.00 (Reg \$1997.00)