

## On-Going Support

Saying goodbye is never easy. Altru Home Services recognizes that and has developed several resources and programs to support and aid in the grieving process.

### On-Going Correspondence

Altru's Hospice provides ongoing support for caregivers, family members and friends following the passing of a loved one through correspondence.

### Camp Good Mourning

Camp provides a healing environment for children and teens to deal with the loss of a loved one.

### Lights of Remembrance

During the Lights of Remembrance service, names of loved ones are read and a candle is lit to remember each special person.

### Support Group

A referral can be made to local support groups specific to your needs.

## Contact Us

Cavalier .....	701.265.4196
Devils Lake .....	701.665.5296
Grafton.....	701.352.9399
Grand Forks.....	701.780.5258
McVile.....	701.322.4328
Warren, MN .....	218.745.6565

# Altru's Hospice



Hospice

P.O. Box 6011 Grand Forks, ND 58206-6011

[altru.org](http://altru.org)

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Hospice is a special kind of care for patients and families facing a life-limiting illness.



Hospice



The end of life stage deserves to be peaceful, dignified and comfortable. For many, it can be an overwhelming, stressful and fearful experience for both the patient and their loved ones. Altru's Hospice understands the dying process affects everyone differently and uses a comprehensive team to develop a custom care plan that specifically treats the physical, emotional, and spiritual needs of the patient and their loved ones.

## Hospice Care

- » Provides palliative or comfort care rather than curative treatment in the patient's home, nursing home or hospital setting
- » Emphasizes maintaining the highest quality of life through therapy, counseling and pain management rather than a focus on extending the length of life
- » Provides supplies, medicine and equipment needed to maintain quality of life
- » Supports family and caregivers through counseling, training and education

By providing interdisciplinary care that is overseen by a medical director and several care providers, Altru's Hospice program is dedicated to working with each patient to maintain the highest quality of life possible.

## Hospice Team

- » **Physician Services:** Altru's Hospice medical director works hand in hand with each patient's primary physician in identifying the proper plan of care and provides consistent updates along the way.
- » **Skilled Nursing:** Altru's Hospice nursing staff is available 24-hours a day, seven days a week to support any need or change in condition with medications for pain relief and symptom management as ordered by the physician.
- » **Therapy Services:** Physical, occupational, and speech therapy are all disciplines that aid in maintaining quality of life.
- » **Social Work Services:** Assists patient and family with quality of life education, psychosocial issues, community resources, and emotional support.
- » **Health Aide Services:** Altru's aides provide assistance with bathing, personal care and light housekeeping.
- » **Pastoral Services:** Provides spiritual, emotional, and other counseling services for the patient and their loved ones.
- » **Nutritional Support:** Nutritionists provide education on the individual needs of each patient as their dietary needs change.
- » **Medical Supplies:** From daily living aids and wheelchairs, to portable oxygen and hospital beds, healthcare accessories and equipment are a part of the program.
- » **Volunteer Support:** Altru's Hospice volunteers provide respite care, assistance with household chores, errands, medications, transportation, and companionship.
- » **Bereavement Counselor:** The bereavement counselor provides grief and loss education and support to the family members.

## Referrals

Patient referrals can originate from personal physicians, community agencies, caregivers, friends, family members, and patients themselves. Anyone whose illness has a life expectancy of six months or less is eligible for Altru's Hospice.

## Insurance Coverage

Hospice services will be billed to your insurance. Generally, services are covered when qualifying criteria is met. Services may be eligible for coverage by North Dakota and Minnesota Blue Cross Blue Shield, Medicaid, and other commercial and private insurance companies. Hospice is covered by Medicare at 100 percent.

## Award Winning Care

Altru Home Services is committed to high quality care. Being a part of Altru Health System provides every patient with access to comprehensive care from a variety of specialties and products to make life easier and more comfortable.

*"Altru's Hospice made what could have been a horrible experience, something wonderful. They helped us to enjoy every second of every day."*  
- Michelle Stadstad, mother of Altru's Hospice patient

*"I wish we would have let Altru's Hospice into our lives and home earlier than we did. When death becomes inevitable, time becomes extremely precious. Hospice is about adding quality life to those final days together. Every single person involved became our angels, just without the wings."*

- Ann Vossekuil, mother of Altru's Hospice patient

Achieving accreditation from the Joint Commission, a designation recognized nationwide as a symbol of quality that reflects an organization's commitment to meeting certain quality and safety performance standards, is a benchmark for success.

