

Patient Expectations

- » Schedule appointments 2-3 times weekly with at least 48 hours between sessions.
- » The excimer laser works best for areas of vitiligo on the face, neck, and upper chest.
- » Hands, feet, fingers, and toes typically do not respond as well as other areas of the body to UVB phototherapy.
- » Repigmentation of treated areas may take 30 or more treatment sessions depending on individual response to UVB light.
- » Moderate skin tenderness (similar to a mild sunburn) lasting 24-72 hours indicates a positive therapeutic response to the excimer laser treatment.
- » Once repigmentation of treated areas is achieved, results may be permanent.

Possible Side Effects

- » Blistering is a normal side effect of excimer therapy and may occur on treated areas.
- » Hyperpigmentation (tan spots) may develop and will fade over time once therapy is complete.

Pre-Treatment Instructions

- » Skin should be clean and dry when you arrive for your appointment - do not apply any lotions, creams, or medications.
- » Review all areas of vitiligo with the clinician.
- » Review all side effects or prior treatments with the clinician.
- » Wear protective eyewear provided by the excimer clinician.

Post-Treatment Instructions

- » Schedule next appointment before leaving the office.
- » Treat your skin as you usually would and apply any medications, creams, lotions, etc. freely.
- » Do not stop your current medications unless instructed by your physician.
- » Keep treated areas free from excessive sun exposure between treatment sessions.
- » Pay attention to any skin tenderness on treated areas and take note of how long it lasts.

Please follow up with your provider at Truyu Aesthetic Center if you have any questions or concerns, 701.780.6623.