



Pediatric Therapy FAQ's

What is the age range of clients?

We provide services for children ageing from infant through 18 years.

Evaluation versus screening?

A screening is typically only 10-15 minutes. This is a quick snapshot of your child's developmental skills and may lead to a full evaluation. Please contact our registration specialists at 701.780.2477 to schedule a screening with an occupational therapist, physical therapist, or speech-language therapist.

Does my child need outpatient therapy services even if they are currently receiving services through an early intervention program or the school system?

Early Intervention or School-based services have different criteria. Early Intervention focuses solely on birth to 3-year developmental skills, while school-based services focus on educational concerns. Our medical-based services focus on a much broader range of concerns including developmental concerns, educational concerns and more. It is possible for your child to have one service or the other, or possibly even all 3 types of services depending on level of concern.



What is the process to start and end therapy services?

Meeting with your child's primary care provider is the best place to start.

From there your provider may make multiple referrals depending on the area of need. Therapy will begin based on the level of need. Discharging from therapy can occur for several reasons such as your child meeting all his/her goals, life becoming too hectic and you need a break and more.

Do you accept insurance?

Yes, we accept all insurance types currently. It is important for you to contact your insurance company to determine which therapy services are covered and any potential out of pocket costs.

How much with therapy cost me?

We bill all our therapy services through your insurance. Again, it is important to connect with your insurance company directly to determine the amount of coverage provided for your child's therapy services. You can reach out to your child's therapist for any specifics regarding our therapy charges when working with your insurance company.

What if I don't have an insurance plan that covers therapy?

We can connect you with one of our financial counselors to determine your options.



What does a typical therapy session look like?

A typical therapy session can last anywhere from 30-60 minutes. This is dependent on your child's individual plan of care. Most children attend therapy sessions independently, but families are welcome to attend. Each therapy session uses the mode of play to work on your child's specific therapy goals. Your child's therapist will provide communication updates at the end of each therapy session.

What is the best way to communicate with my child's therapist?

Email through Altru's MyChart is the best way to communicate with your therapist. If you wish to speak directly with your therapist, a meeting can be set up through MyChart communication. The therapist can then plan to speak to you either before, during or after your child's therapy session.