

Pediatric Bladder and Bowel Questionnaire

Ages 4 and up

Bladder Habits

How often does your child pee during the day?	1. 1-2 times 2. 3-4 times 3. 5-6 times 4. >6 times
How often does your child wake up to pee after going to bed?	1. 1-2 times 2. 3-4 times 3. 5-6 times 4. >6 times
Does your child wake up wet in the morning?	1. Yes 2. No
If Yes, how many days per week?	1. 1-2 times 2. 3-4 times 3. 5-6 times 4. >6 times
Does your child verbalize that they have the urge that they need to go to the toilet?	1. Yes 2. No
Does your child hold their pee when they must go to the bathroom?	1. Yes 2. No
How much fluid does your child drink during the day?	1. <8 ounces 2. 8-24 ounces 3. 24-48 ounces 4. >48 ounces
Do they drink caffeinated beverages?	1. Yes 2. No
If yes, how many caffeinated beverages?	1. 1-2 times 2. 3-4 times 3. 5-6 times 4. >6 times
Does your child have any bladder leaks?	1. Never 2. When playing 3. While watching TV or video games 4. With strong cough/sneeze/physical exercise
How often do they leak per day?	1. 1-2 times 2. 3-4 times 3. 5-6 times 4. >6 times
How much do they leak?	1. No leakage 2. Few drops 3. Wets underwear 4. Wets outer clothing

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Bowel Habits

How often does your child poop during the day?	1. <2 times per week 2. 1-2 times per week 3. 3-4 times per week 4. 5-6 times per week 5. >7 times per week
Type of poop consistency?	1. Loose 2. Normal 3. Hard
Does your child strain or push to poop?	1. Yes 2. No
Does your child hold their poop or ignore the urge to go?	1. Yes 2. No
Does your child have staining on his/her underwear?	1. Yes 2. No
How often are their stains in their underwear?	1. Yes 2. No
Does your child have a history of constipation?	1. <8 ounces 2. 8-24 ounces 3. 24-48 ounces 4. >48 ounces
Leaking poop happens:	1. Never 2. When playing 3. While watching TV or video games 4. With strong cough/sneeze/physical exercise 5. With a strong urge to go
How often do they leak poop?	1. 1-2 times 2. 3-4 times 3. 5-6 times 4. >6 times
How much poop do they leak?	1. No leakage 2. Staining 3. Small amount in underwear 4. Full poop
What are some toilet training strategies you have tried?	1. A toileting schedule 2. Nighttime wake ups 3. Medications to “cleanout” the bowels 4. Potty watch timer 5. Other (please explain below):