ADULT

General Grief

- The five ways we grieve: Finding your personal path to healing after the death of a loved one
  o Berger, Susan A. (2011)
- Good grief: Heal your soul, honor your loved ones, and learn to live again
  o Caputo, Theresa (2017)
- It’s OK that you’re no OK [Also available in Online books and Audiobooks]
  o Devine, Megan (2017)
- The year of magical thinking [Also available in Online books]
  o Didion, Joan (2005)
- Resilient grieving: Finding strength and embracing life after a loss that changes everything
  [Also available in Online books and Audiobooks]
  o Hone, Lucy (2017)
- What I wish I’d known: Finding your way through the tunnel of grief
  o Hugstad, Kristi (2017)
- As much time as it takes: A guide for the bereaved, their family, and friends
  o Keogh, Martin (2005)
- A time to mourn, a time to dance: Help for the losses in life
  o Metzgar, Margaret (2000)
- It’s ok to laugh: (crying is cool, too): A memoir [Also available in Audiobooks]
  o Purmort, Nora McInerny (2016)
- Surviving holidays without you. Navigating grief through special occasions
  o Roe, Gary (2013)
- Please be patient, I’m grieving: How to care for and support the grieving heart [Also available in Audiobooks]
  o Roe, Gary (2016)
- Comfort for grieving hearts: Hope and encouragement in times of loss
  o Roe, Gary (2018)
- Option B: Facing adversity, building resilience, and finding joy [Also available in Online books]
  o Sandberg, Sheryl & Grant, Adam (2017)
- Tear Soup
  o Schwiebert, Pat & Chuck Deklyen (1999)
- Healing your grieving body: 100 physical practices for mourners
• Wolfelt, Alan (2009)
  • Finding the words: How to talk with children and teens about death, suicide, funerals, homicide, cremation, and other end-of-life matters.
    o Wolfelt, Alan (2013)
• The mourners book of hope
  o Wolfelt, Alan (2010)
• Loving from the outside in, Mourning from the inside out
  o Wolfelt, Alan (2012)
• The paradoxes of mourning: Healing your grief with three forgotten truths
  o Wolfelt, Alan (2015)
• Helping people with developmental disabilities mourn: Practical rituals for caregivers
  o Wolfelt, Alan (2010)
• Healing your grieving heart: 100 practical ideas [Also available in Online books]
  o Wolfelt, Alan (2001)
• Grief day by day: Simple practices to help yourself survive...and thrive
  o Wolfelt, Alan (2018)
• No one has to die alone: Preparing for a meaningful death
  o Leary, Lani (2012)

Death of a Partner/Spouse
• Heartbroken: Healing from the loss of a spouse
  o Roe, Gary (2015)
• When your soulmate dies: A guide to healing through heroic mourning
  o Wolfelt, Alan (2016)

Pregnancy Loss
• Healing your grieving heart after miscarriage: 100 practical ideas for parents and families
  [Also available in Online books]
  o Wolfelt, Alan (2015)
• Empty Arms: Coping with miscarriage, stillbirth, and infant death
  o Ilse, Sherokee (2016)
• Miscarriage: A shattered dream
  o Ilse, Sherokee & Burns, Linda Hammer (2015)
• Strong and Tender: A guide for the father whose baby has died
  o Schwiebert, Pat (2013)
• For bereaved grandparents
  o Gerner, Margaret (2004)
• Empty cradle, broken heart: Surviving the death of your baby
  o Davis, Deborah L. (2016)
• The prenatal bombshell: Help and hope when continuing or ending a precious pregnancy after an abnormal diagnosis
  o Azri, Stephanie (2015)

Death of a Child
• Beyond tears: Living after losing a child
  o Mitchell, Ellen (2009)
• Shattered: Surviving the loss of a child
  o Roe, Gary (2017)
• Healing a grandparent’s grieving heart: 100 practical ideas after your grandchild dies [Also available in Online books]
  o Wolfelt, Alan (2014)
• Healing a parent’s grieving heart: 100 practical ideas after your child dies
  o Wolfelt, Alan (2002)
Death of a Sibling
- Healing the adult sibling’s grieving heart: 100 practical ideas after your brother or sister dies
  - Wolfelt, Alan (2008)

Sudden Death/Death by Suicide
- Dying to be free: A healing guide for families after suicide
  - Cobain, Beverly (2006)
- No time to say goodbye: Surviving the suicide of a loved one [Also available in Online books]
  - Fine, Carla (1999)
- The gift of second: Healing from the impact of suicide
  - Lidbeck, Brandy (2016)
- I wasn’t ready to say goodbye: Surviving, coping, and healing after the sudden death of a loved one [Also available in Online books]
  - Noel, Brook & Pamela Blair (2007)

Biographies
- I’ll see you again
  - Hance, Jackie (2013)
- Comfort: A journey through grief
  - Hood, Ann (2009)
- I will carry you: The sacred dance of grief and joy
  - Smith, Angie (2010)
- Choosing Hope: A mother’s story of love, loss, and survival.
  - Dennehy, Ginny (2013)

TEEN
- grief girl: my true story (Age 13 & up) [Also available in Online books]
  - Vincent, Erin (2007)
- Weird is Normal When Teenagers Grieve
  - Wheeler, Jenny Lee (2010)
- Teen grief: Caring for the grieving teenager heart
  - Roe, Gary (2017)
- Healing your grieving heart for teens: 100 practical ideas [Also available in Online books]
  - Wolfelt, Alan (2001)
- You are not alone. Teens talk about life after the loss of a parent
  - Hughes, Lynne (2005)

CHILDREN
General Grief
- The goodbye book (Age 2 & up)
  - Parr, Todd (2015)
- The memory box (Ages 4 & up)
  - Rowland, Joanna (2017)
- Death (Age 5-12)
  - Amos, Janine (2002)
- I remember Miss Perry (Age 4 & up)
  - Brisson, Pat (2006)
- When dinosaurs die: A guide to understanding death (Age 4-7)
  - Brown, Laurene Krasny & Marc Tolon (1996)
- The next place (Age 5 & up)
  - Hanson, Warren (1997)
- The saddest time (Age 6-10)
  - Simon, Norma (1986)
- Finding you own way to grieve. A creative activity workbook for kids and teens on the autism spectrum
  - Helbert, Karla (2013)
- Tell me Papa. Answers to questions children ask about death and dying (Age 5-8)
  - Johnson, Joy & Marvin (2014)
- The invisible string (Age 4-8)
  - Karst, Patrice (2000)
- Whistler’s last song (Age 3-9)
  - Herro, Adam (2013)
- When people die (Age 4 & up)
- “I wish I could hold your hand…” A child’s guide to grief and loss (Age 6-10)
  - Palmer, Pat (2011)
- Sad isn’t bad. A good-grief guidebook for kids dealing with loss (Age 4-8) [Also available in Online books]
  - Mundy, Michaelene (1998)
- Death (Age 6-8)
  - Murphy, Patricia (2008)
- A bunch of balloons (Age 5-9)
  - Ferguson, Dorothy (2006)
- Where are you? (Age 4-8)
  - Olivieri, Laura (2007)
- What happens when a loved one dies? Our first talk about death. (Age 3-6) [Also available in Online books]
  - Roberts, Jillian (2016)
- What on earth do you do when someone dies? (Age 5-12) [Also available in Online books]
  - Romain, Trevor & Verdick, Elizabeth (1999)
- Death and dying (Age 7-12)
  - Sanders, Pete (1998)
- What’s heaven? (Age 5-8)
  - Schriver, Maria (2007)
- I miss you: A first look at death (Age 4-8) [Also available in Online books]
  - Thomas, Pat (2001)
- I feel, feel, feel about losing someone special (Age 5-8)
  - Un, Jane (2012)
- Something very sad happened: A toddler’s guide to understanding death (Age 2-6)
  - Zucker, Bonnie (2016)
- A complete book about death for kids (Age 8-12)

**Death of Parent**
- Missing Mommy: A book about bereavement (Age 3-8)
  - Cobb, Rebecca (2013)
- Samantha Jane’s missing smile: A story about coping with the loss of a parent (Age 5-8)
  - Kaplow, Julie (2007)
- And still they bloom: A family’s journey of loss and healing (Age 9-12 yr)
  - Rovere, Amy (2012)
Death of Grandparent

- **Where is Grandpa?** (Age 4-8)
- **Grandma’s gloves** (Age 5-8)
  - Castellucci, Cecil (2010)
- **Why did grandpa die? A book about death** (Age 5-8)
  - Hazen, Barbara Shook (1985)

Death of a Sibling

- **Jenny: [coming to terms with the death of a sibling]** (Age 4-8)
  - Jeffs, Stephanie (2006)
- **Where’s Jess?** (Age 3-6)
- **Always my brother** (Age 6-9)
  - Reagan, Jean (2009)
- **We were gonna have a baby, but we had an angel instead** (Age 2-5)
  - Schwiebert, Pat (2003)
- **Someone came before you** (Age 2-8)
  - Schwiebert, Pat (2007)

Death of a Pet

- **Up in heaven** (Age 2-5)
  - Chichester Clark, Emma (2004)

Suicide Related Death

- **Luna’s red hat** (Age 6-9) [Also available in Online books]
  - Snid, Emmi (2015)

Drug Overdose Death

- **Someone I love died from a drug overdose** (Age 6-12)
  - Ray, Melody (2018)