



ADULT

General Grief

- **The five ways we grieve: Finding your personal path to healing after the death of a loved one**
 - Berger, Susan A. (2011)
- **Good grief: Heal your soul, honor your loved ones, and learn to live again**
 - Caputo, Theresa (2017)
- **It's OK that you're no OK** [Also available in Online books and Audiobooks]
 - Devine, Megan (2017)
- **The year of magical thinking** [Also available in Online books]
 - Didion, Joan (2005)
- **Resilient grieving: Finding strength and embracing life after a loss that changes everything** [Also available in Online books and Audiobooks]
 - Hone, Lucy (2017)
- **What I wish I'd known: Finding your way through the tunnel of grief**
 - Hugstad, Kristi (2017)
- **As much time as it takes: A guide for the bereaved, their family, and friends**
 - Keogh, Martin (2005)
- **A time to mourn, a time to dance: Help for the losses in life**
 - Metzgar, Margaret (2000)
- **It's ok to laugh: (crying is cool, too): A memoir** [Also available in Audiobooks]
 - Purmort, Nora McInerny (2016)
- **Surviving holidays without you. Navigating grief through special occasions**
 - Roe, Gary (2013)
- **Please be patient, I'm grieving: How to care for and support the grieving heart** [Also available in Audiobooks]
 - Roe, Gary (2016)
- **Comfort for grieving hearts: Hope and encouragement in times of loss**
 - Roe, Gary (2018)
- **Option B: Facing adversity, building resilience, and finding joy** [Also available in Online books]
 - Sandberg, Sheryl & Grant, Adam (2017)
- **Tear Soup**
 - Schwiebert, Pat & Chuck Deklyen (1999)
- **Healing your grieving body: 100 physical practices for mourners**

- Wolfelt, Alan (2009)
- **Finding the words: How to talk with children and teens about death, suicide, funerals, homicide, cremation, and other end-of-life matters.**
 - Wolfelt, Alan (2013)
- **The mourners book of hope**
 - Wolfelt, Alan (2010)
- **Loving from the outside in, Mourning from the inside out**
 - Wolfelt, Alan (2012)
- **The paradoxes of mourning: Healing your grief with three forgotten truths**
 - Wolfelt, Alan (2015)
- **Helping people with developmental disabilities mourn: Practical rituals for caregivers**
 - Wolfelt, Alan (2010)
- **Healing your grieving heart: 100 practical ideas** [Also available in Online books]
 - Wolfelt, Alan (2001)
- **Grief day by day: Simple practices to help yourself survive...and thrive**
 - Wolfelt, Alan (2018)
- **No one has to die alone: Preparing for a meaningful death**
 - Leary, Lani (2012)

Death of a Partner/Spouse

- **Heartbroken: Healing from the loss of a spouse**
 - Roe, Gary (2015)
- **When your soulmate dies: A guide to healing through heroic mourning**
 - Wolfelt, Alan (2016)

Pregnancy Loss

- **Healing your grieving heart after miscarriage: 100 practical ideas for parents and families** [Also available in Online books]
 - Wolfelt, Alan (2015)
- **Empty Arms: Coping with miscarriage, stillbirth, and infant death**
 - Ilse, Sherokee (2016)
- **Miscarriage: A shattered dream**
 - Ilse, Sherokee & Burns, Linda Hammer (2015)
- **Strong and Tender: A guide for the father whose baby has died**
 - Schwiebert, Pat (2013)
- **For bereaved grandparents**
 - Gerner, Margaret (2004)
- **Empty cradle, broken heart: Surviving the death of your baby**
 - Davis, Deborah L. (2016)
- **The prenatal bombshell: Help and hope when continuing or ending a precious pregnancy after an abnormal diagnosis**
 - Azri, Stephanie (2015)

Death of a Child

- **Beyond tears: Living after losing a child**
 - Mitchell, Ellen (2009)
- **Shattered: Surviving the loss of a child**
 - Roe, Gary (2017)
- **Healing a grandparent's grieving heart: 100 practical ideas after your grandchild dies** [Also available in Online books]
 - Wolfelt, Alan (2014)
- **Healing a parent's grieving heart: 100 practical ideas after your child dies**
 - Wolfelt, Alan (2002)

Death of a Sibling

- **Healing the adult sibling's grieving heart: 100 practical ideas after your brother or sister dies**
 - Wolfelt, Alan (2008)

Sudden Death/Death by Suicide

- **Dying to be free: A healing guide for families after suicide**
 - Cobain, Beverly (2006)
- **No time to say goodbye: Surviving the suicide of a loved one** [Also available in Online books]
 - Fine, Carla (1999)
- **The gift of second: Healing from the impact of suicide**
 - Lidbeck, Brandy (2016)
- **I wasn't ready to say goodbye: Surviving, coping, and healing after the sudden death of a loved one** [Also available in Online books]
 - Noel, Brook & Pamela Blair (2007)

Biographies

- **I'll see you again**
 - Hance, Jackie (2013)
- **Comfort: A journey through grief**
 - Hood, Ann (2009)
- **I will carry you: The sacred dance of grief and joy**
 - Smith, Angie (2010)
- **Choosing Hope: A mother's story of love, loss, and survival.**
 - Dennehy, Ginny (2013)

TEEN

- **grief girl: my true story** (Age 13 & up) [Also available in Online books]
 - Vincent, Erin (2007)
- **Weird is Normal When Teenagers Grieve**
 - Wheeler, Jenny Lee (2010)
- **Teen grief: Caring for the grieving teenager heart**
 - Roe, Gary (2017)
- **Healing your grieving heart for teens: 100 practical ideas** [Also available in Online books]
 - Wolfelt, Alan (2001)
- **You are not alone. Teens talk about life after the loss of a parent**
 - Hughes, Lynne (2005)

CHILDREN

General Grief

- **The goodbye book** (Age 2 & up)
 - Parr, Todd (2015)
- **The memory box** (Ages 4 & up)
 - Rowland, Joanna (2017)
- **Death** (Age 5-12)
 - Amos, Janine (2002)
- **I remember Miss Perry** (Age 4 & up)
 - Brisson, Pat (2006)
- **When dinosaurs die: A guide to understanding death** (Age 4-7)
 - Brown, Laurene Krasny & Marc Tolon (1996)

- **The next place** (Age 5 & up)
 - Hanson, Warren (1997)
- **The saddest time** (Age 6-10)
 - Simon, Norma (1986)
- **Finding your own way to grieve. A creative activity workbook for kids and teens on the autism spectrum**
 - Helbert, Karla (2013)
- **Tell me Papa. Answers to questions children ask about death and dying** (Age 5-8)
 - Johnson, Joy & Marvin (2014)
- **The invisible string** (Age 4-8)
 - Karst, Patrice (2000)
- **Whistler's last song** (Age 3-9)
 - Herro, Adam (2013)
- **When people die** (Age 4 & up)
 - Leveté, Sarah (2004)
- **"I wish I could hold your hand..." A child's guide to grief and loss** (Age 6-10)
 - Palmer, Pat (2011)
- **Sad isn't bad. A good-grief guidebook for kids dealing with loss** (Age 4-8) [Also available in Online books]
 - Mundy, Michaelene (1998)
- **Death** (Age 6-8)
 - Murphy, Patricia (2008)
- **A bunch of balloons** (Age 5-9)
 - Ferguson, Dorothy (2006)
- **Where are you?** (Age 4-8)
 - Olivieri, Laura (2007)
- **What happens when a loved one dies? Our first talk about death.** (Age 3-6) [Also available in Online books]
 - Roberts, Jillian (2016)
- **What on earth do you do when someone dies?** (Age 5-12) [Also available in Online books]
 - Romain, Trevor & Verdick, Elizabeth (1999)
- **Death and dying** (Age 7-12)
 - Sanders, Pete (1998)
- **What's heaven?** (Age 5-8)
 - Schriver, Maria (2007)
- **I miss you: A first look at death** (Age 4-8) [Also available in Online books]
 - Thomas, Pat (2001)
- **I feel, feel, feel about losing someone special** (Age 5-8)
 - Un, Jane (2012)
- **Something very sad happened: A toddler's guide to understanding death** (Age 2-6)
 - Zucker, Bonnie (2016)
- **A complete book about death for kids** (Age 8-12)
 - Grollman, Earl & Johnson, Joy (2006)

Death of Parent

- **Missing Mommy: A book about bereavement** (Age 3-8)
 - Cobb, Rebecca (2013)
- **Samantha Jane's missing smile: A story about coping with the loss of a parent** (Age 5-8)
 - Kaplow, Julie (2007)
- **And still they bloom: A family's journey of loss and healing** (Age 9-12 yr)
 - Rovere, Amy (2012)

Death of Grandparent

- **Where is Grandpa?** (Age 4-8)
 - Barron, T. A. (2000)
- **Grandma's gloves** (Age 5-8)
 - Castellucci, Cecil (2010)
- **Why did grandpa die? A book about death** (Age 5-8)
 - Hazen, Barbara Shook (1985)

Death of a Sibling

- **Jenny: [coming to terms with the death of a sibling]** (Age 4-8)
 - Jeffs, Stephanie (2006)
- **Where's Jess?** (Age 3-6)
 - Johnson, Joy & Marv (2003)
- **Always my brother** (Age 6-9)
 - Reagan, Jean (2009)
- **We were gonna have a baby, but we had an angel instead** (Age 2-5)
 - Schwiebert, Pat (2003)
- **Someone came before you** (Age 2-8)
 - Schwiebert, Pat (2007)

Death of a Pet

- **Up in heaven** (Age 2-5)
 - Chichester Clark, Emma (2004)

Suicide Related Death

- **Luna's red hat** (Age 6-9) [Also available in Online books]
 - Snid, Emmi (2015)

Drug Overdose Death

- **Someone I love died from a drug overdose** (Age 6-12)
 - Ray, Melody (2018)