

Herb Watermelon & Feta Salad

Directions

Gently toss all ingredients together in a large bowl.

Ingredients

- » 1/2 large seedless watermelon, cubed
- » 1 small red onion, sliced
- » 1 cup basil leaves, thinly sliced
- » 1 cup cilantro
- » 1/2 cup fresh mint leaves
- » 2 limes, juiced
- » 1 (4 oz) package of feta cheese
- » 3 tbsp olive oil
- » 2 tbsp balsamic vinegar
- » Salt and pepper to taste

Nutrition information per serving: Calories 177, Total Fat 6 grams, Sodium 144 mg*.

Find more Altru dietitian approved recipes at altru.org/enrich



