

Magnesium Citrate (By mouth)

Magnesium Citrate (mag-NEE-zee-um SIT-rate)

Treats constipation, and empties the bowel before surgery or other medical procedures.

There may be other brand names for this medicine.

How to Use This Medicine:

- You will start taking this medicine the evening before starting your clear liquid diet after finishing your last meal. Typically, patients start their clear liquid diet the day before their procedure right away in the morning. Some patients are instructed to do this for 2 days before their procedure. More information on how many days you should adhere to a clear liquid diet is outlined in the prep kit.
- This medicine should be stored at room temperature; however, you may chill the medicine in the refrigerator to make it taste better.

How to Store and Dispose of This Medicine:

- Store the medicine at room temperature in a closed container, away from heat, moisture, and direct light. Do not freeze.
- Keep all medicine out of the reach of children and never share your medicine with anyone.

When This Medicine Should Not Be Used:

You should not use this medicine if you have had an allergic reaction to a laxative product of this type, or if you have heart block or severe kidney disease.

Warnings While Using This Medicine:

- Make sure your doctor knows if you are pregnant or breastfeeding, or if you have a bowel obstruction, a colostomy, or an ileostomy.
- Stop using the medicine and call your doctor if you have severe stomach cramps, nausea, vomiting, or blood in your stools.

Possible Side Effects While Using This Medicine:

Call your doctor right away if you notice any of these side effects:

- Confusion, weakness, irregular heartbeat, shortness of breath
- Lightheadedness or fainting
- Severe diarrhea
- Allergic reaction (hives, rash, swelling of the mouth, lips, tongue or throat)

If you notice other side effects that you think are caused by this medicine, tell your doctor.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088