WHERE TO FIND CARE

IT'S NICE TO HAVE OPTIONS, ESPECIALLY WHEN YOU NEED HEALTHCARE. WITH ALTRU, YOU HAVE PLENTY.

Your Primary Care Physician's Office

- **Primary care** is your best option for acute care needs, such as **preventive screenings**, **immunizations** and **annual physicals**.
- **Same-day appointments** are available at several locations
- New **walk-in hours** at select clinics and **extended hours** now available
- **Self-scheduling** is a convenient way to choose your preferred appointment time

eVisits

- Online **eVisits** are convenient for the diagnosis and treatment of common minor illnesses, such as **allergies**, **back pain**, **diarrhea** and **rashes**
- Open **after hours** during the **workweek**, and often on **weekends** and/or **holidays**
- **No appointment** needed

Express Care

- For **minor injuries** and **illnesses** that need quick diagnosis and treatment, such as chest colds, dental pain (less than one week), diarrhea (less than one week), ear pain, head colds, minor cuts, minor burns, minor broken bones, minor asthma attacks, nausea and/or vomiting, pink and/or itchy eyes, rashes, sore throat, strains and/or sprains, and urinary tract infections, Altru Express walk-in or Urgent Care is the right place to go.
- Open **after hours** during the **workweek**, and often on **weekends and/or holidays**
- **No appointment** needed

Altru Express Clinics are great for treating coughs, colds, flu, stomachaches, sprains and strains.

Emergency Room

- Always visit the **emergency room** for treatment of allergic reactions, chest pain, deep wounds, difficulty speaking, head trauma, heat illness, heart palpitations, heavy bleeding, major broken bones, numbness in arm, face or leg, overdose, seizures, severe abdominal pain, severe pain, severe headaches, shortness of breath, suicidal thoughts/ideations, vomiting blood, and other emergent symptoms.
- Open **24 hours** every day
- **No appointment** needed

Whether you need an annual wellness exam, emergency services or something in between, with Altru & You with Medica℠, you have access to just the right level of care.

- Use our **Find a Provider tool** to locate an in-network provider for you or a covered family member.

This publication in no way seeks to diagnose or treat illness or to serve as a substitute for professional medical care.
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