

Pelvic Floor Questionnaire

1. Are you having pain in any of the below areas:

1. Pelvic floor pain
2. Low back pain
3. Abdominal pain
4. Pain with bowel and urinary movements
5. No Pain

2. Are you experiencing urinary:

1. Urgency
2. Frequency
3. Leakage
4. No urinary issues

3. Are you experiencing bowel:

1. Urgency
2. Frequency
3. Leakage
4. Constipation
5. No bowel issues

4. Are you experiencing pelvic floor heaviness:

1. Yes
2. No
3. NA

5. Are you experiencing any sexual dysfunction:

1. Yes
2. No

If you're experiencing any of these symptoms, Altru's Pelvic Health Therapists are here to help. Ask your provider about a referral to Altru's Pelvic Health Therapists and discover how pelvic floor therapy can make a difference.

For more information about Altru's Pelvic Health Services or to schedule an appointment, please call 701.780.2300.

