



Walking Desaturation/6 Minute Walk Test

Please check in at Registration Desk at the Altru Clinic 1300 Columbia Road, even if you have used E Check -in through My Chart. Please arrive 10 minutes before your scheduled appointment.

What to Expect:

A desaturation study/6 min walk is a test used to assess any oxygen needs you may require and your exercise tolerance. Please wear comfortable walking shoes as you will be asked to walk 6 minutes. If you have an assistive device that you currently use, you may bring it along to your appointment to use during the test.

*Provider please select one of the following:

- Take all medications as you normally would
- Refrain from taking any inhalers/respiratory medications ____ hours prior to testing

If you have any questions regarding your appointment or need to be rescheduled, please call 701-780-6400. Visit our website at www.altru.org, search "Pulmonary Lab".